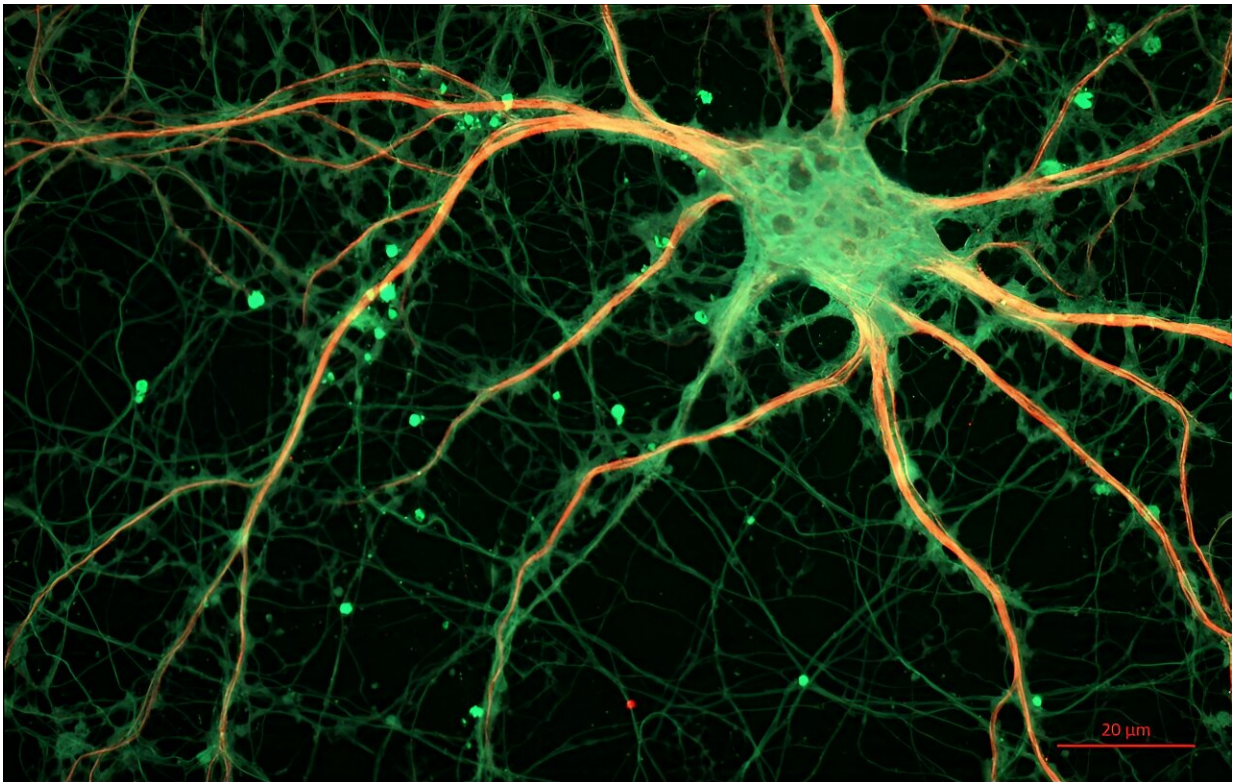


Understanding the role of a new enzyme in the development of autism spectrum disorder

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Researchers found that mice in which the IDO2 gene was silenced exhibited behaviors consistent with autism spectrum disorder. Further experiments shed light on the possible underlying biochemical mechanisms behind these abnormal behaviors. Credit: ZEISS Microscopy at Openverse.org Image source: <https://openverse.org/image/37e92992-4cbd-41c6-8cce-061e90ea65c4>

Over the past decades, scientists have made substantial progress unveiling the underlying mechanisms behind many psychiatric disorders. Every year, new genetic mutations or protein dysregulations are identified as potential culprits for the symptoms and sometimes even the root causes of complex neurological diseases, including autism spectrum disorder (ASD), schizophrenia, and Alzheimer's.

Despite these efforts, the precise roles of several proteins involved in [brain function](#) remain obscure. Such is the case for indoleamine 2,3-dioxygenase 2 (IDO2), an enzyme expressed in the brain and metabolized by the tryptophan–kynurenine pathway (TKP).

Changes in the metabolites of this pathway have already been linked to many [psychiatric disorders](#), and genetically modified mice have been invaluable tools in such studies. However, the detailed functions of IDO2 in the brain are not known.

Against this backdrop, a research team led by Associate Professor Yasuko Yamamoto, along with colleagues Masaki Ishikawa and Kuniaki Saito, all from Fujita Health University, Japan, conducted an in-depth study on how and why IDO2, and its lack thereof, affects behavioral patterns in mice. Their paper was [published in *The FEBS Journal*](#).

First, the researchers performed [behavioral experiments](#) involving normal and genetically modified mice that lacked the IDO2 gene, also referred to as IDO2 knock-out (KO) mice. These tests revealed many behavioral abnormalities that were representative of ASD.

For example, these mice had difficulty acclimatizing to a new environment, exhibiting repetitive grooming and stereotyped behavior. Moreover, these mice spent less time burying marbles, which indicates limited interest in their surroundings. Finally, experiments on social interactions revealed that the KO mice had trouble learning behaviors

from other mice.

Following these tests, the team sought to clarify the biochemical effects of IDO2 in the brain to explain the abnormal behaviors observed. They first found that the deletion of IDO2 led to alterations in the levels of tryptophan metabolites as well as in the TKP.

Most importantly, they found that IDO2 KO mice exhibited significant changes in the balance between dopamine release and uptake, especially in the striatum and amygdala regions of the brain.

This imbalance led to the downregulation of many molecules that are downstream in the dopamine D1 receptor signaling pathway, including brain-derived [neurotrophic factor](#) (BDNF), which is important for the formation of new neurons ([brain cells](#)) and the ability of the brain to adapt to new stimuli (neuroplasticity).

Through morphological analysis of neurons in the striatum, the researchers observed that these alterations in dopamine signaling caused IDO2 KO mice to exhibit a significantly higher density of immature dendritic spines. They also observed important changes in populations of cells known as microglia.

"Microglia are resident immune cells that exist in the central nervous system (CNS) since the early embryonic stage when the nerves and cerebrovascular systems are being formed. During the development of the CNS, microglia regulate the pruning of excess synapses," explains Assoc. Prof. Yamamoto.

It turns out that, in IDO2 KO mice, microglia in the striatum tend to convert from a 'surveillant' type to an 'ameboid' type. Since only surveillant microglia oversee the removal of excess neural synapses and controlling [synaptic transmission](#), these synaptic abnormalities, plus the

dysregulation of BDNF, could be responsible for the ASD-like behaviors observed in KO mice. Moreover, chemically restoring the production of IDO2 in genetically modified mice led to behaviors similar to those of normal [mice](#).

Finally, through the [genetic analysis](#) of 309 clinical brain samples from ASD patients, the team found a case of a 16-year-old girl who had a mutation in the IDO2 gene. It is possible that her symptoms could be at least partially explained by alterations in IDO2.

Taken together, the findings of this study could serve as a stepping stone to understanding the genetic and biochemical nature of certain psychiatric or neurodevelopmental disorders. "This work provides valuable insights into the pathophysiology associated with IDO2, although further research should be performed to clarify the underlying mechanisms in more detail," concludes Yamamoto.

More information: Masaki Ishikawa et al, Indoleamine 2,3-dioxygenase 2 deficiency associates with autism-like behavior via dopaminergic neuronal dysfunction, *The FEBS Journal* (2023). [DOI: 10.1111/febs.17019](#)

Provided by Fujita Health University

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