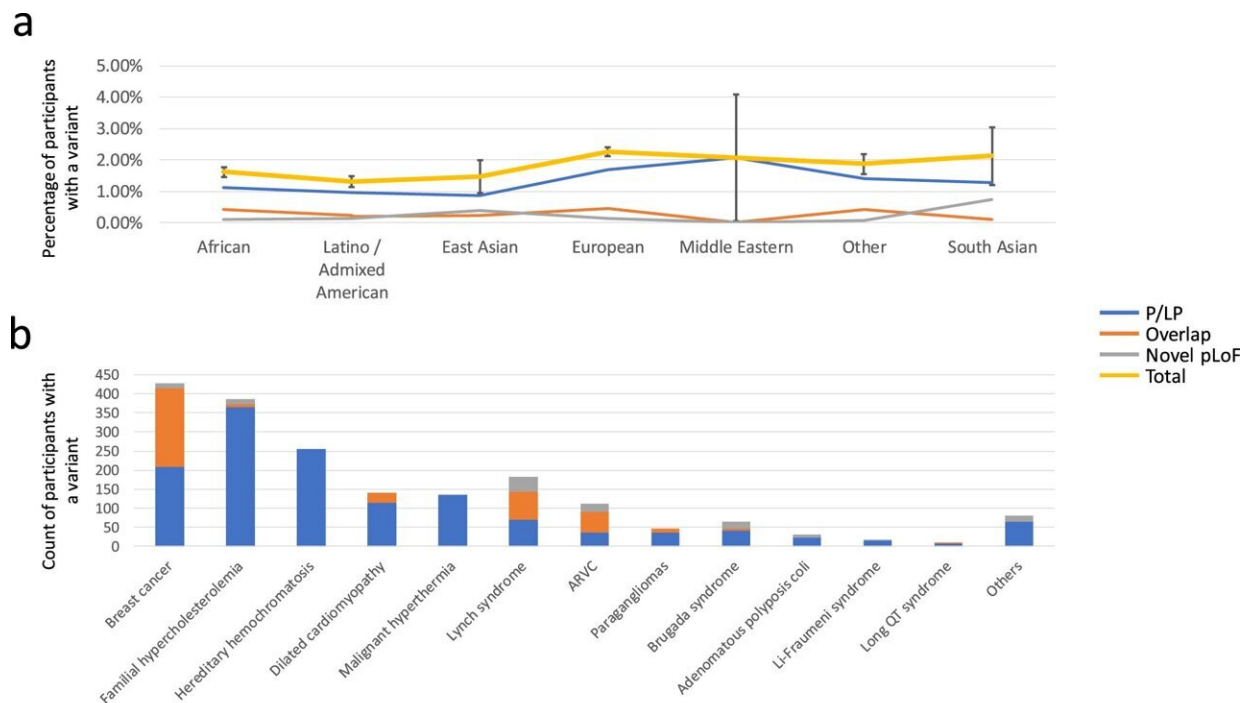


Study finds ancestry-driven disparities in pathogenic variation

February 21 2024, by Molly Chiu



Pathogenic variants by ancestry. 1a shows the rates of pathogenic variation, broken down by predicted genetic ancestry groups. 1b shows the breakdown of pathogenic variants by disease area. The blue line and bar depict the rate of Pathogenic and Likely pathogenic variants, the gray bar the rate of novel, predicted loss of function variants and the orange bar depicts predicted loss of function variants that were known pathogenic variants at the time of analysis. The yellow line shows the total variants in each ancestry group. Credit: *Communications Biology* (2024). DOI: 10.1038/s42003-023-05708-y

A lack of diversity in large genomic studies presents a major challenge in understanding how pathogenic variants impact different populations. To address this problem and advance precision medicine for all populations, the National Institutes of Health's All of Us Research Program aims to collect health data, including whole-genome sequences, for at least 1 million volunteers from diverse backgrounds.

A study led by investigators at Baylor College of Medicine's Human Genome Sequencing Center has revealed new insight into the frequency of pathogenic variation among different ancestry groups in a cohort of nearly 100,000 of the All of Us participants. [The findings](#) are published in the journal *Communications Biology*.

Researchers examined variations for a set of 73 genes that have actionable findings and are associated with diseases such as hereditary breast cancer and [heart disease](#). Many of these genes are included in the All of Us program's hereditary disease risk research results offered to all participants.

The team found that the European ancestry subgroup showed the highest overall rate of pathogenic variation, with 2.26% of participants carrying a pathogenic [variant](#). The African ancestry group had a 1.62% rate of pathogenic variation, and the Latino ancestry group had a rate of 1.32%. Pathogenic variants were most frequently observed in genes related to breast and ovarian cancer and high cholesterol.

"Differences in pathogenic variant frequency observed between ancestral groups generally indicate biases of the way we have historically obtained data about those variants, but some deviations may be indicative of differences in disease prevalence and warrant further study," said first author Dr. Eric Venner, associate professor in the Human Genome Sequencing Center at Baylor.

"As we better understand genetic risk burden in populations, we can more precisely target [genetic testing](#) for these variants."

"Disparities in genetic health data are known but not well calibrated, and this study deepens our knowledge of the role of [ancestry](#) as a consideration for clinical genetic applications," said senior author Dr. Richard Gibbs, director of the Human Genome Sequencing Center and Wofford Cain Chair and Professor of Molecular and Human Genetics at Baylor.

The findings in this study are published alongside three other articles in Nature journals detailing findings from the NIH All of Us Research Program. In [a study](#) published in Nature, researchers report more than 275 million previously unseen genetic variants identified from data shared by nearly 250,000 program participants.

[A study](#) published in *Nature Medicine*, researchers improved existing polygenic risk scores for 10 chronic diseases using health records and ancestrally diverse genomic data from the All of Us Research Program.

And the third article, [a Commentary](#) also published in *Nature Medicine* discusses how the All of Us program aims to bring precision medicine to the full diversity of the U.S. population and to improve health outcomes for all.

More information: Eric Venner et al, The frequency of pathogenic variation in the All of Us cohort reveals ancestry-driven disparities, *Communications Biology* (2024). [DOI: 10.1038/s42003-023-05708-y](https://doi.org/10.1038/s42003-023-05708-y)

Provided by Baylor College of Medicine

Citation: Study finds ancestry-driven disparities in pathogenic variation (2024, February 21)
retrieved 13 May 2024 from <https://medicalxpress.com/news/2024-02-ancestry-driven-disparities-pathogenic-variation.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.