

Researchers perform in-home test of adaptive robot interface for a person with quadriplegia

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Henry Evans plays cards with his wife, Jane. Evans, a person with quadriplegia, tested <u>Head-Worn Assistive Teleoperation (HAT)</u>—an experimental interface to control a mobile robot—in his home, using the interface to control a robot to accomplish daily tasks. Akhil Padmanabha and Janavi Gupta, researchers from Carnegie Mellon University's School of Computer Science, developed HAT and stayed with the Evans during the test. Credit: Carnegie Mellon University



No one could blame Carnegie Mellon University students Akhil Padmanabha and Janavi Gupta if they were a bit anxious this past August as they traveled to the Bay Area home of Henry and Jane Evans.

The students were about to live with strangers for the next seven days. On top of that, Henry, a person with quadriplegia, would spend the week putting their <u>Head-Worn Assistive Teleoperation (HAT)</u>—an experimental interface to control a <u>mobile robot</u>—to the test.

HAT requires fewer fine motor skills than other interfaces to help people with some form of paralysis or similar motor impairments control a mobile robot and manipulator. It allows users to control a mobile robot via <u>head motion</u> and <u>speech recognition</u>, and versions of the device have featured a hands-free microphone and head-worn sensor.

Padmanabha and Gupta quickly realized that any trepidation they may have felt was misplaced. Henry, who lost the ability to move his limbs and talk after a brain-stem stroke two decades ago, enjoyed using HAT to control the robot by moving his head and in some situations preferred HAT to the <u>computer screen</u> he normally uses.

"We were excited to see it work well in the real world," said Padmanabha, a Ph.D. student in robotics who leads the HAT research team. "Henry became increasingly proficient in using HAT over the week and gave us lots of valuable feedback."

During the home trial, the researchers had Henry perform predefined tasks, such as fetching a drink, feeding himself and scratching an itch. Henry directed a robot—Stretch, a commercially available mobile robot outfitted with a pincer-like gripper on its single arm—using HAT to control it.

Daily, Henry performed the so-called blanket+tissue+trash task, which



involved moving a blanket off his body, grabbing a tissue and wiping his face with it, and then throwing the tissue away. As the week progressed, Henry could do it faster and faster and with fewer errors.

Henry said he preferred using HAT with a robot for certain tasks rather than depending on a caregiver.

"Definitely scratching itches," he said. "I would be happy to have it stand next to me all day, ready to do that or hold a towel to my mouth. Also, feeding me soft foods, operating the blinds and doing odd jobs around the room."

One innovation in particular, software called Driver Assistance that helps align the robot's gripper with an object the user wants to pick up, was "awesome," Henry said. Driver Assistance leaves the user in control while it makes the fine adjustments and corrections that can make controlling a robot both tedious and demanding.

"That's better than anything I have tried for grasping," Henry said, adding that he would like to see Driver Assistance used for every interface that controls Stretch robots.

Praise from Henry, as well as his suggestions for improving HAT, is no small thing. He has collaborated in multiple research projects, including the development of Stretch, and his expertise is widely admired within the assistive robotics community. He's even been featured by the <u>Washington Post</u> and last year appeared on the cover of <u>IEEE Spectrum</u>.

Via email, Henry said his incentive for participating in research is simple. "Without technology, I would spend each day staring at the ceiling waiting to die," he said. "To be able to manipulate my environment again according to my will is motivation enough."



Padmanabha said user-centered or participatory design is important within the assistive device community and requires getting feedback from potential users at every step. Henry's feedback proved extremely helpful and gave the team new ideas to think about as they move forward.

The HAT researchers will present the results of their study at the <u>ACM/IEEE International Conference on Human-Robot Interaction</u> March 11–15 in Boulder, Colorado.

HAT originated more than two years ago in a project course taught by Zackory Erickson, an assistant professor at the Robotics Institute. The students contacted Henry as part of their customer discovery process. Even then, he was excited about the possibility of using a prototype.

The project showed promise and later was spun out of the class. An early version of HAT was developed and <u>tested in the lab</u> by participants both with and without motor impairments. When it came time to do an inhome case study, Henry seemed the logical person to start with.

During the weeklong study, Padmanabha and Gupta lived in the Evans home around the clock, both for travel convenience and to be able to perform testing whenever Henry was ready. Having strangers in the house 24/7 is typical of the studies Henry's been involved in and is no big deal for him or Jane.

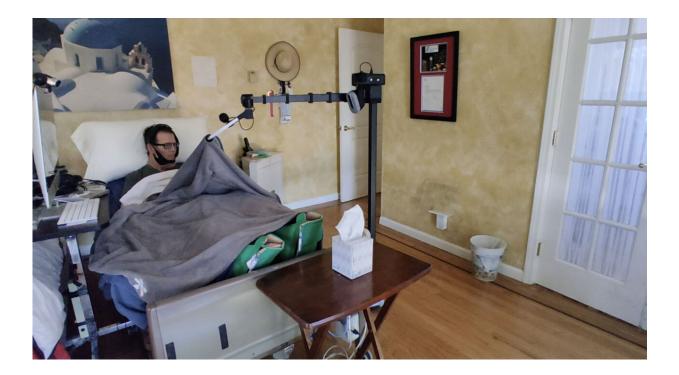
"We're both from large families," he said.

Padmanabha and Gupta, a computer science major, likewise adjusted quickly to the new surroundings and got used to communicating with Henry using a letterboard, a tool that allows Henry to spell out words by looking at or pointing a laser at each letter. The pair even played poker with Henry and Jane, with Henry using Stretch to manipulate his cards.



In the earlier tests, HAT used head movements and voice commands to control a robot. Henry can't speak, but he can move his left thumb just enough to click a computer mouse. So the team reconfigured HAT for the Evans trial, substituting computer clicks for <u>voice commands</u> as a way to shift between modes that include controlling the movement of the robot base, arm, or wrist or pausing the robot.

"Among people with motor impairments, everyone has different levels of motor function," Padmanabha said. "Some may have head movement; others may only have speech; others just have clicking capabilities. So it's important that you allow for customization of your interface."



Henry Evans uses <u>Head-Worn Assistive Teleoperation (HAT)</u> to control a robot to manipulate a blanket. HAT is an experimental interface to control a mobile robot developed by Akhil Padmanabha and Janavi Gupta, researchers from Carnegie Mellon University's School of Computer Science. Evans, a person with quadriplegia, tested HAT in his home and used it to complete daily tasks. Credit:



Carnegie Mellon University

Head motions are key to using HAT, which detects head movement using a sensor in a cap, headband, or—in Henry's case—a chin strap.

"People use head gesturing as a way to communicate with each other, and I think it's a natural way of controlling or gesturing to a robot," Padmanabha said.

A graphical user interface—a computer screen—is more typical for controlling robots. But Gupta said users don't like using a computer screen to control a robot that is operating around their body.

"It can be scary to have a robot close to your face, trying to feed you or wipe your face," she said. Many user studies, therefore, shy away from attempting tasks that come close to the face. But once Henry got used to HAT, he didn't hesitate to perform such tasks, she added.

A computer screen is available to control Stretch in tasks that are out of the user's line of sight, such as sending the robot to fetch something from another room. At Henry's suggestion, the researchers made it possible to use HAT to control a computer cursor with head movements.

In addition to Gupta, Padmanabha, and Erickson, the research team includes CMU's Carmel Majidi, the Clarence H. Adamson Professor of Mechanical Engineering; Douglas Weber, the Akhtar and Bhutta Professor of Mechanical Engineering; and Jehan Yang, a Ph.D. student in mechanical engineering. Also included are Vy Nguyen of Hello Robot Inc, maker of Stretch; and Chen Chen, an undergraduate at Tsinghua University in Beijing, who implemented the Driver Assistance software.



Though Stretch is commercially available, it is still primarily used by researchers, and CMU has 10–15 of them. It's a simple robot with limited capabilities, but Padmanabha said its approximate \$25,000 price tag inspires hope for expanded use of mobile robots.

"We're getting to the price point where we think robots could be in the home in the near future," he said.

Henry said Stretch/HAT still needs systemwide debugging and added features before it is more widely adopted. He thinks that might occur in as little as five years, though that will depend not only on price and features but the choice of market.

"I believe the market for <u>elderly people</u> is larger and more affluent and will, therefore, develop faster than the market for people with disabilities," he said.

The work is <u>published</u> on the *arXiv* preprint server.

More information: Akhil Padmanabha et al, Independence in the Home: A Wearable Interface for a Person with Quadriplegia to Teleoperate a Mobile Manipulator, *arXiv* (2023). DOI: 10.48550/arxiv.2312.15071

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