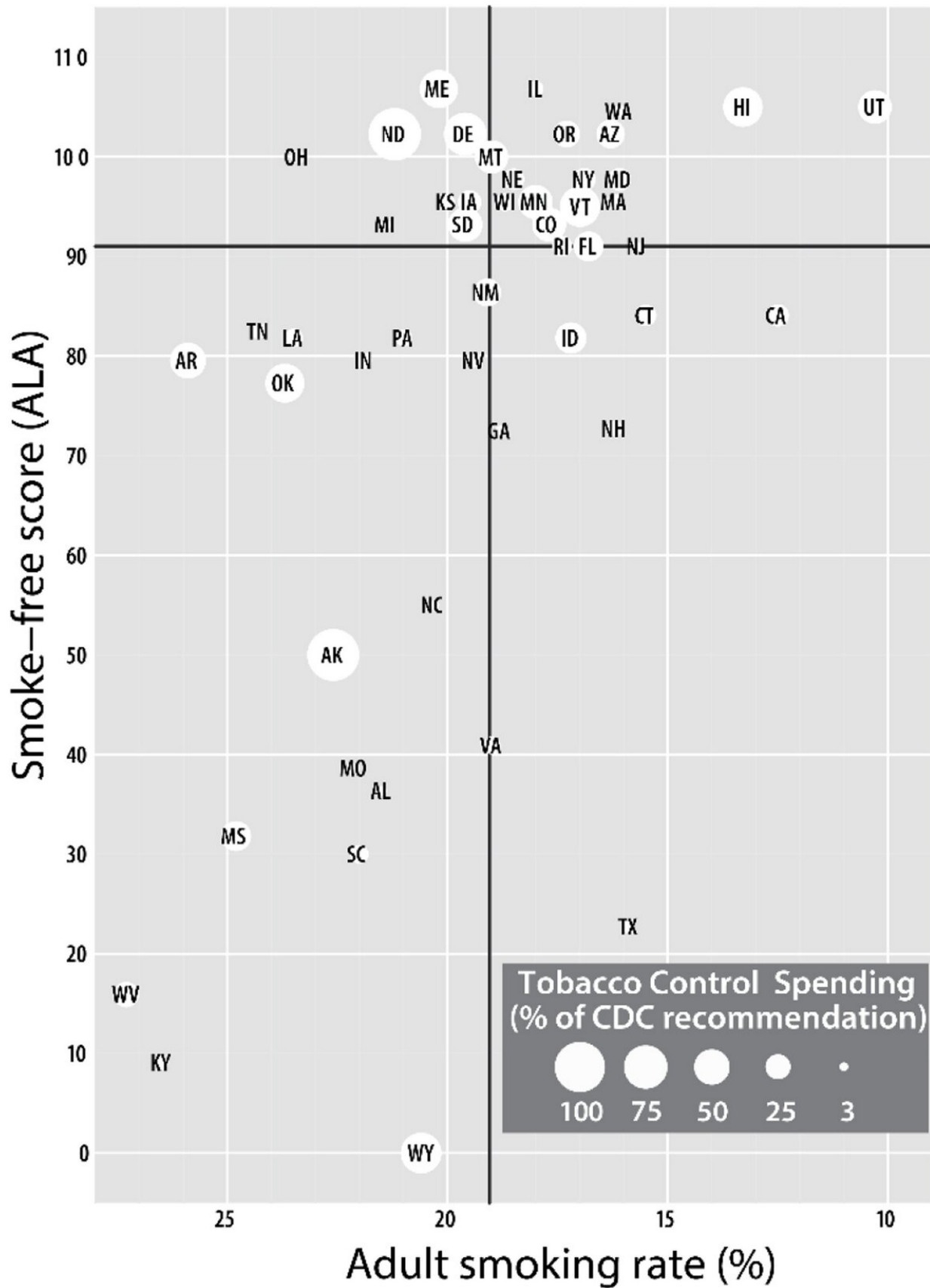


# Study looks at ways to sustain public health programs

February 26 2024, by Neil Schoenherr

---



Quadrant stratification for state selection. Credit: *Implementation Science* (2024). DOI: 10.1186/s13012-024-01340-4

State tobacco control programs that used a new training model were better able to sustain operations, finds a new study from the Brown School at Washington University in St. Louis.

The study, titled "Action planning for building public health program sustainability: results from a group-randomized trial," was [published](#) this month in the journal *Implementation Science*.

"This is the first study to test a training model designed to increase sustainability of public health programs," said Sarah Moreland-Russell, an associate professor of practice and the study's first author.

The training was most beneficial for programs that had made less progress in implementing [tobacco control policy](#), researchers found, implying that tailored training may be most appropriate for struggling programs.

"Public health impact can only be realized if evidence-based programs are able to sustain their work over time," Moreland-Russell said. "A training model that is effective in helping programs build their [sustainability](#) is therefore an important tool for public health practitioners."

**More information:** Sarah Moreland-Russell et al, Action planning for building public health program sustainability: results from a group-randomized trial, *Implementation Science* (2024). [DOI: 10.1186/s13012-024-01340-4](#)

Provided by Washington University in St. Louis

Citation: Study looks at ways to sustain public health programs (2024, February 26) retrieved 28 April 2024 from <https://medicalxpress.com/news/2024-02-ways-sustain-health.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.