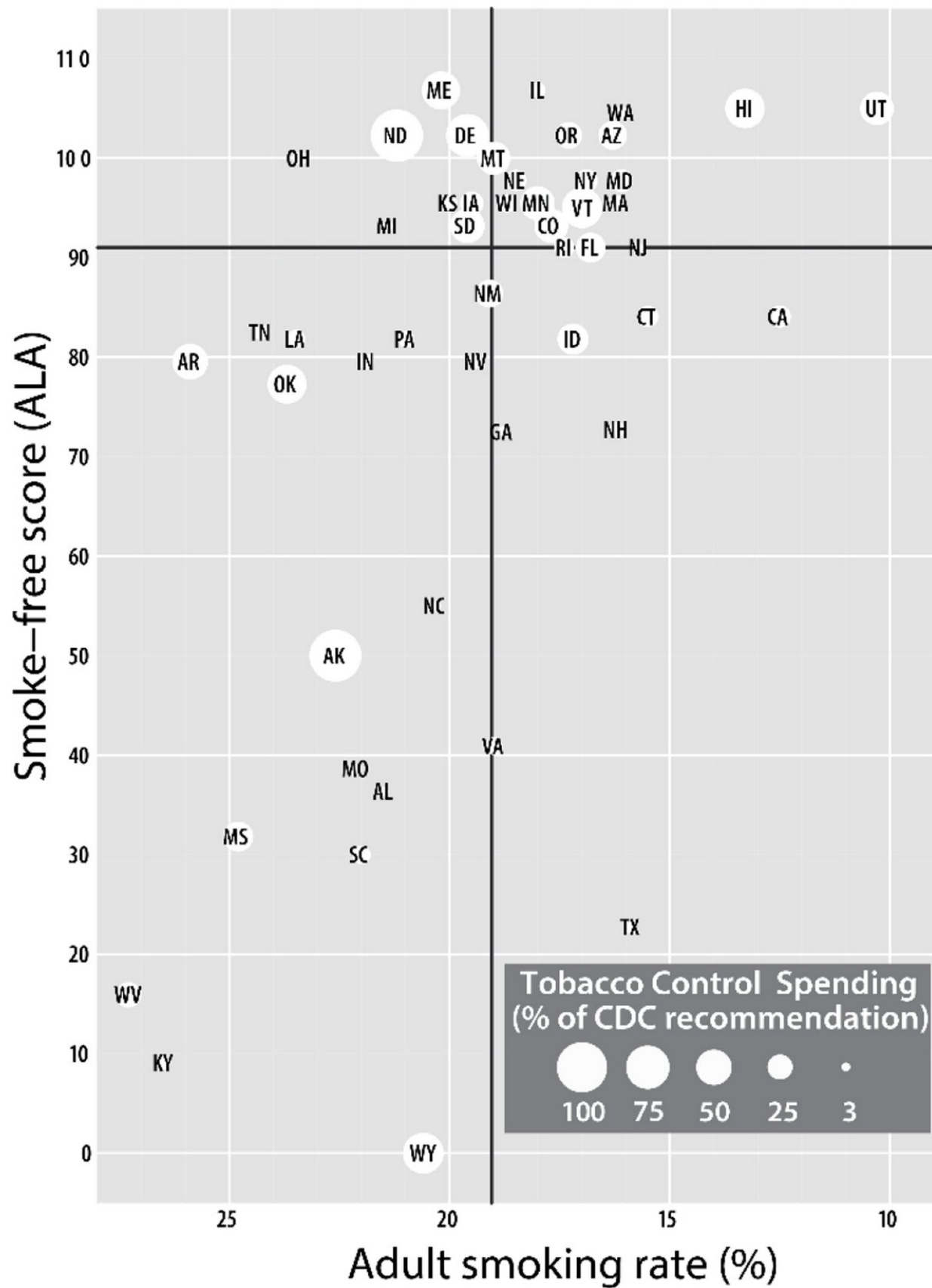


Study looks at ways to sustain public health programs

February 26 2024, by Neil Schoenherr



Quadrant stratification for state selection. Credit: *Implementation Science* (2024). DOI: 10.1186/s13012-024-01340-4

State tobacco control programs that used a new training model were better able to sustain operations, finds a new study from the Brown School at Washington University in St. Louis.

The study, titled "Action planning for building public health program sustainability: results from a group-randomized trial," was [published](#) this month in the journal *Implementation Science*.

"This is the first study to test a training model designed to increase sustainability of public health programs," said Sarah Moreland-Russell, an associate professor of practice and the study's first author.

The training was most beneficial for programs that had made less progress in implementing [tobacco control policy](#), researchers found, implying that tailored training may be most appropriate for struggling programs.

"Public health impact can only be realized if evidence-based programs are able to sustain their work over time," Moreland-Russell said. "A training model that is effective in helping programs build their [sustainability](#) is therefore an important tool for public health practitioners."

More information: Sarah Moreland-Russell et al, Action planning for building public health program sustainability: results from a group-randomized trial, *Implementation Science* (2024). [DOI: 10.1186/s13012-024-01340-4](#)

Provided by Washington University in St. Louis

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