

EU sees 'troubling surge' in sexually transmitted diseases

March 7 2024



Credit: Pixabay/CC0 Public Domain

The European Union health agency on Thursday reported a "troubling" surge in sexually transmitted infections (STIs) across Europe, which could be just "the tip of the iceberg".

In 2022, gonorrhea cases rose by 48 percent, with 70,881 reported around the EU and EEA area, compared to a year earlier. Cases of syphilis rose by 34 percent to over 35,391, according to the European Centre for Disease Prevention and Control (ECDC).

Cases of chlamydia rose 16 percent, reaching 216,508 across the 27 countries covered by the agency.

"This surge is staggering, as it is troubling," ECDC director Andrea Ammon told a press conference.

"These numbers, as big as they are, most likely only represent the tip of the iceberg because surveillance data may underestimate the true burden." Ammon explained this was due to differences in testing practices and access to [sexual health](#) across the different countries.

Ammon said the majority of cases reported were among "men who have sex with men," but the agency also saw increases among women and heterosexual sexual men.

The agency also warned that while chlamydia, gonorrhea and syphilis, are treatable, they can lead to serious health complications if left untreated.

"These increases are a significant health concern and indicate an urgent need to strengthen prevention strategies and comprehensive health education," Ammon said.

Ammon stressed that "testing, [treatment](#) and prevention" were key in order to meet the surge.

"Rising rates of STIs in Europe demand our immediate attention and concerted action. By prioritizing testing, treatment and prevention

efforts, we can turn the trend," Ammon said.

The ECDC also warned that cases of lymphogranuloma venereum (LGV) and [congenital syphilis](#)—which is caused by transmission from mother to child during pregnancy—have also "substantially increased".

More information: Sharp increase in gonorrhoea notifications among young people, EU/EEA, July 2022 to June 2023, *Eurosurveillance* (2024). [DOI: 10.2807/1560-7917.ES.2024.29.10.2400113](https://doi.org/10.2807/1560-7917.ES.2024.29.10.2400113)

© 2024 AFP

Citation: EU sees 'troubling surge' in sexually transmitted diseases (2024, March 7) retrieved 12 May 2024 from <https://medicalxpress.com/news/2024-03-eu-surge-sexually-transmitted-diseases.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.
