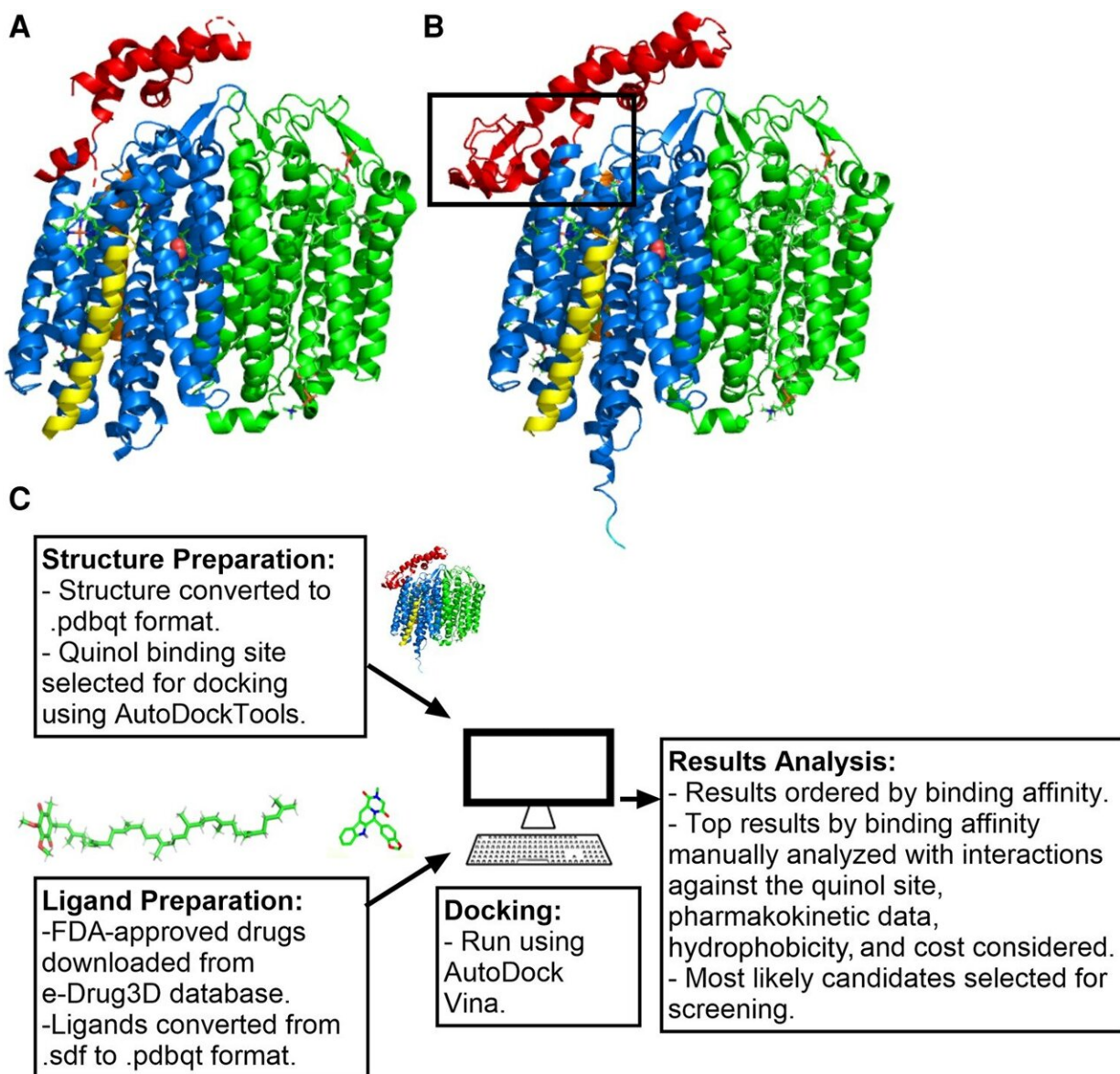


# Steroid drugs used for HRT can combat *E. coli* and MRSA

March 13 2024



Overview of in silico screening methodology including generation of a structural

template for cytochrome bd-I. A, Published Escherichia coli cytochrome bd-I structure (PDBid 6RKO). Protein subunits are colored as follows: CydA (blue with Q-loop highlighted in red), CydB (green), CydX (yellow), CydH (orange). Hemes are shown as cylinders (colored by element with carbon = green, nitrogen = blue, and iron = orange), and bound dioxygen is shown as pink spheres. B, AF2 model of the E. coli cytochrome bd-I structure that was used for docking work. The quinol-binding site is highlighted by the black box. C, Outline of docking pipeline. Abbreviation: FDA, United States Food and Drug Administration. Credit: *The Journal of Infectious Diseases* (2023). DOI: 10.1093/infdis/jiad540

The emergence of drug-resistant bacteria is a global threat to human health, and the development of new antibiotics from scratch is an extremely expensive and time-consuming process. To address this urgent issue, researchers from the University of Kent's School of Biosciences have combined computational and microbiology laboratory approaches to identify existing drugs that can be repurposed to combat antibiotic-resistant bacterial infections.

This research, which has been [published](#) in the *Journal of Infectious Diseases*, revealed that a class of steroid drugs currently used in [hormone replacement therapy](#) (HRT) can also stop the growth of antibiotic-resistant E. coli and effectively kill MRSA. These drugs are particularly good at binding to a [protein complex](#), cytochrome bd, which is important for the growth and survival of a range of disease-causing [bacterial species](#). It is expected that [steroids](#) may provide an alternative to conventional antibiotics, which are becoming increasingly ineffective.

Dr. Mark Shepherd, Reader in Microbial Biochemistry at Kent and the corresponding author on the paper, said, "These exciting developments will help to advance research into new antimicrobials, and we are enthusiastic about using our powerful experimental approach to discover drugs that can target other bacterial proteins and combat a wide range of

antibiotic-resistant infections."

The article "Steroid Drugs Inhibit Bacterial Respiratory Oxidases and Are Lethal Toward Methicillin-Resistant *Staphylococcus aureus*" is published in the *Journal of Infectious Diseases*.

**More information:** Samantha A Henry et al, Steroid Drugs Inhibit Bacterial Respiratory Oxidases and Are Lethal Toward Methicillin-Resistant *Staphylococcus aureus*, *The Journal of Infectious Diseases* (2023). [DOI: 10.1093/infdis/jiad540](https://doi.org/10.1093/infdis/jiad540)

Provided by University of Kent

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