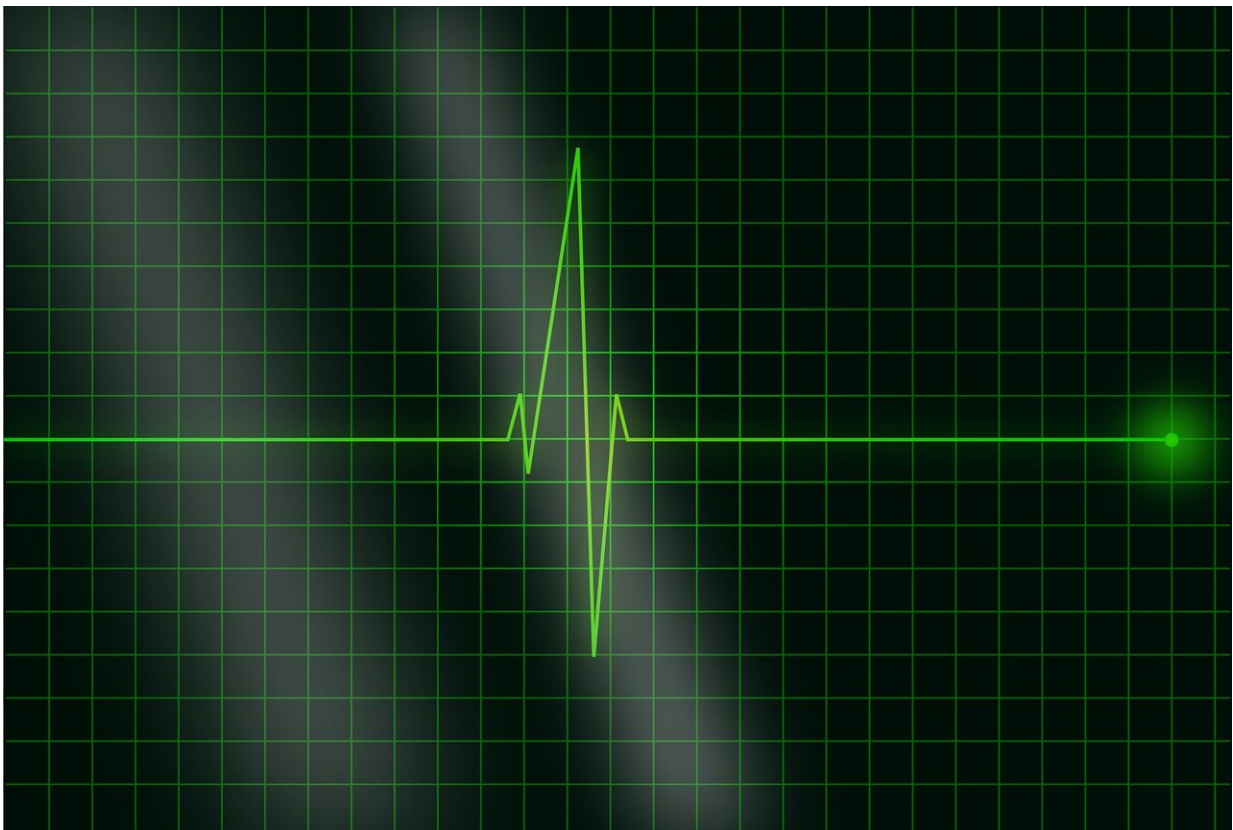


Ninerafaxstat well-tolerated and safe for nonobstructive hypertrophic cardiomyopathy

April 8 2024



Credit: Pixabay/CC0 Public Domain

The investigational drug nineraxstat showed a good tolerability and safety profile, along with evidence of improvements in symptoms and exercise capacity among people with nonobstructive hypertrophic cardiomyopathy (HCM), according to results of a 12-week phase 2 trial presented at the [American College of Cardiology's Annual Scientific Session](#).

Nineraxstat is designed to help the heart work more efficiently by altering how the muscle uses energy, partially inhibiting the use of fatty acids as fuel and encouraging the use of glucose instead.

While the IMPROVE-HCM trial focused primarily on the tolerability and safety of the [drug](#), depending on outcomes of future clinical trials, it could help people with nonobstructive HCM overcome fatigue, chest discomfort, and other activity-limiting symptoms of the condition, for which there are few existing treatments.

"Our findings provide enthusiasm that a novel drug therapy with nineraxstat may provide nonobstructive HCM patients an opportunity to achieve a better quality of life by decreasing symptom burden and improving exercise capacity," said Martin S. Maron, MD, a cardiologist and director of the Hypertrophic Cardiomyopathy Center at Lahey Hospital and Medical Center in Burlington, Massachusetts, and the study's lead author.

"The safety and tolerability of the drug in this phase 2 trial was excellent. These data strongly support moving on to phase 3 development."

HCM is the most common genetic heart disease worldwide and is estimated to affect 1 in 500 people. It causes the [heart muscle](#) to become stiff and thick, making it harder for the heart to pump blood properly

and increasing the risk of sudden cardiac death.

Several treatment options are available for approximately two-thirds of patients who have the obstructive form of the disease, in which the thickening muscle makes it harder for blood to flow out of the heart, but there are limited [treatment options](#) for the remaining one-third of patients who have the nonobstructive form.

Most people with nonobstructive HCM have no symptoms, but about 40% experience symptoms such as chest pain, shortness of breath, [abnormal heart rhythms](#), dizziness, fainting, and swelling, which often worsen over time.

"There's little question that the greatest unmet treatment need for HCM is in the nonobstructive patients who experience limiting symptoms. They're very frustrated by the impact of symptoms on their quality of life with no approved medical therapies," Maron said.

For the phase 2 trial, researchers enrolled 67 patients treated for nonobstructive HCM at 14 centers. Participants were randomly assigned to receive either nineraxstat or a placebo for 12 weeks.

At the end of this period, the researchers found no significant difference in the rate of adverse events among the two study groups, indicating the drug was not associated with an increased risk of adverse events. There were also no adverse events related to low ejection fraction (a measure of how well the heart pumps blood) and no adverse effects on blood pressure or heart rate.

In addition, patients taking the drug showed improvements in secondary endpoints, including ventilatory efficiency—a measure of the heart's performance during exercise—and decreased size of the left atrium, which provides evidence that the drug worked the way it was designed

to.

On Kansas City Cardiomyopathy Questionnaires (KCCQ), an established method for assessing quality of life for people with heart problems, there was no difference between the two study groups overall, but there was a nine-point improvement among the subset of participants taking nineraxstat who reported having significant symptoms at the start of the study compared with symptomatic patients who took a placebo.

"When you confine the analysis of the study to patients who at baseline were particularly symptomatic, there was a significant improvement in the KCCQ scores for those patients compared to placebo, indicating that the drug was making those patients feel much better," Maron said.

As a phase 2 trial, the study had a relatively small sample size and was designed primarily to assess the drug's tolerability and safety. Maron said that a larger phase 3 trial would help shed light on the magnitude of the drug's potential benefits.

In addition, separate clinical trials are underway to assess the drug's potential benefits for people with angina ([chest pain](#)) and heart failure with preserved ejection fraction.

More information: Efficacy and Safety of Nineraxstat, a Novel Cardiac Mitotrope, in Patients with Symptomatic Nonobstructive Hypertrophic Cardiomyopathy: Results of IMPROVE-HCM, Monday, April 8, 2024, at 8:30 a.m. ET / 12:30 UTC in the Hall B-1 Main Tent

Provided by American College of Cardiology

Citation: Nineraxstat well-tolerated and safe for nonobstructive hypertrophic cardiomyopathy

(2024, April 8) retrieved 21 May 2024 from

<https://medicalxpress.com/news/2024-04-ninerafaxstat-tolerated-safe-nonobstructive-hypertrophic.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.