

## Surveillance colonoscopy rarely IDs cancer in older adults, study finds

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Colorectal cancer (CRC) is rarely detected from surveillance colonoscopy among older adults, regardless of prior adenoma findings,



according to a study published online April 2 in JAMA Network Open.

Jeffrey K. Lee, M.D., M.P.H., from Kaiser Permanente Northern California in Oakland, and colleagues estimated surveillance colonoscopy yields in <u>older adults</u>. The analysis included 9,601 individuals 70 to 85 years who received 9,740 surveillance colonoscopies at a large, community-based U.S. health care system (2017 through 2019) and had an adenoma detected ≥12 months previously.

The researchers reported that CRC yields were found in 0.3 percent of procedures, advanced adenoma in 11.7 percent, and advanced neoplasia in 12.0 percent. There were no significant differences in yields across age groups.

CRC yields were significantly higher for colonoscopies among patients with a prior advanced adenoma versus nonadvanced adenoma (0.5 versus 0.2 percent).

A similar pattern was seen for advanced neoplasia (16.5 versus 10.6 percent). Detection of advanced neoplasia at surveillance was associated with prior advanced <u>adenoma</u> (adjusted odds ratio [aOR], 1.65), body mass index  $\geq$ 30 versus

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