

Childcare is unaffordable for US medical residents, national study finds

May 3 2024



Credit: Pixabay/CC0 Public Domain

Resident physicians at more than 98% of U.S. training programs aren't paid enough to afford childcare, according to a new national study. The research will be presented at the [Pediatric Academic Societies \(PAS\) 2024 Meeting](#), held May 2–6 in Toronto.

Childcare remains unaffordable even at most programs that subsidize [childcare](#) or offer it onsite, the examination of data from the Labor Department and the U.S. Census Bureau's American Community Survey (ACS) revealed.

"People in the United States from many walks of life struggle to pay for childcare, and resident physicians are no exception," said Ryan Brewster, MD, [resident physician](#) at Boston Children's Hospital and presenting author.

"If we want to address this country's physician shortage, we need to ensure that talented, motivated residents of all backgrounds—who already work long hours and, all too often, carry huge student loan debts—earn enough for basic childcare."

The study of second-year residents at 935 accredited residency programs found that childcare is less likely to be affordable in [urban areas](#) and in the Mid-Atlantic, New England, and on the West Coast. Researchers found that childcare has become less affordable over the last two decades.

Resident physician salaries fell by 0.23% while childcare costs rose by 44.7% between 2000 and 2022, according to the study.

Childcare becomes unaffordable when it consumes more than 7% of [household income](#), according to the Department of Health and Human

Services.

These findings underscore the need for multilevel advocacy for graduate medical compensation, according to the authors.

More information: Abstract: Childcare Affordability and Benefits Amongst U.S. Resident Physicians

Provided by American Pediatric Society

Citation: Childcare is unaffordable for US medical residents, national study finds (2024, May 3) retrieved 23 June 2024 from <https://medicalxpress.com/news/2024-05-childcare-unaffordable-medical-residents-national.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--