

# From injuries to infectious diseases, what are the health risks in the aftermath of PNG's landslide?

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It's a week since Papua New Guinea (PNG) experienced a massive landslide in the Enga province, in the country's highlands.

More than <u>7,800 people</u> have been affected by the <u>landslide</u>, including more than 3,300 children. This could mean they've been displaced from their homes or are lacking access to basic necessities.

The <u>exact death toll</u> is still unknown, and estimates have varied, but the figure could be <u>as many as 2,000 or more</u>. Estimating deaths in disasters comes with <u>a range of challenges</u> and we may never know the actual number of lives lost.

But even many survivors are likely to be facing serious injuries and illness, with warnings of a significant <u>risk of disease outbreaks</u> in the region.

So what are the <u>potential health risks</u> following a landslide? And what can we do to mitigate them?

## From injuries to illness

Like many natural disasters, <u>landslides</u> can lead to serious physical harms. Rapidly flowing water and debris can cause injury and death. People may become trapped as the landslide carries buildings, structures and people in an unpredictable manner.

The Enga landslide happened in the middle of the night, which sadly meant most people could not escape in time.

Early <u>efforts</u> after a natural disaster almost always focus on minimizing casualties and providing essential and immediate medical care.

Once the situation stabilizes, the health situation on the ground may



require a <u>risk assessment</u> to review the potential public health impacts and further determine the needs of the community.

Other natural disasters show us it's likely there will be an <u>increased risk</u> of disease outbreaks after the landslide. This could include water-borne diseases, such as diarrhea, possibly due to disrupted access to <u>clean</u> <u>drinking water</u>, as well as reduced sanitation and hygiene.

Skin diseases, such as scabies and yaws (a bacterial infection), <u>occur</u> <u>commonly in PNG</u>, which could also lead to outbreaks with close contact in overcrowded settings.

Heavy rainfall and <u>landslides</u> can also lead to the proliferation of mosquitoes and other vectors. This could increase the risk of vector-borne diseases, such as dengue, especially if the disease is already circulating, which is the case in PNG.

PNG is one of the few countries in the Pacific region where <u>malaria</u> <u>transmission is ongoing</u>. So there could also be a risk of increased cases of malaria (another mosquito-borne disease) in the region.

We could even see a surge in vaccine-preventable diseases. The 2005 tsunami in Aceh, Indonesia, resulted in an outbreak of tetanus. While tetanus is not spread from person to person, contaminated wounds in people where vaccine coverage is low can result in tetanus cases and deaths.

Aceh also saw <u>clusters of measles</u> after the tsunami due to overcrowding among displaced populations, combined with patchy vaccination coverage.

# Health system weaknesses



The risk of infectious disease outbreaks in PNG stems from some underlying weaknesses in the health system, and <u>poorer health outcomes</u>. For example, in <u>PNG</u>, it's estimated that for children under five years old, 41 children die for every 1,000 live births. In <u>Australia</u>, this number is ten times lower, at four deaths per 1,000 live births. Disparities also exist for maternal deaths, and infectious diseases such as HIV.

Nationally, PNG's immunization rates are low. For example, in 2023, coverage for the first dose of the measles vaccine for children was <u>only</u> <u>52%</u>. Because measles is so transmissible, <u>95% of children</u> should be vaccinated with at least two doses of measles vaccine.

Low vaccination coverage can lead to outbreaks during natural disasters, so PNG may be at risk.

The <u>risk of infectious disease outbreaks</u> might also be influenced by the disruption in access to health-care services. This can result in delayed <u>diagnosis and treatment</u> of infections.

## Mitigating the risks

A disaster like this will have severe societal and economic impacts that will last for some time. We also know individuals affected by natural disasters can face mental health problems and gender-based violence.

Beyond providing medical care, local and international agencies are working to offer shelter, clean water and food, and mental health support to affected people.

Over the coming days and weeks, it will be important to closely monitor the health situation in PNG. This will require close coordination between, and leadership from local, national and international agencies.



As primary health care is restored around the affected area, one of the key aspects to preventing outbreaks is to have effective <u>disease</u> <u>surveillance</u> systems in place. These can <u>detect outbreaks early</u>, enabling a rapid response.

For example, in Fiji after cyclone Winston in 2016, a <u>similar</u> <u>surveillance system</u> detected outbreaks of influenza, conjunctivitis and typhoid. This prompted public health responses to prevent further spread of infection.

# A rough road

PNG, like the Pacific more broadly, is vulnerable to the <u>health risks</u> <u>from climate change</u> due to the geography, rising temperatures and communities living in remote locations.

In the <u>past ten years</u>, PNG has experienced storms, droughts, floods, earthquakes, volcanic activity and landslides. We know <u>climate change</u> can increase the risk of <u>these sorts of natural disasters</u>.

Places such as PNG are at heightened risk of landslides due to their geographical location, terrain and climate. Landslides are also difficult to predict.

Ultimately the health effects from <u>natural disasters</u> and other emergencies can be minimized through <u>preparedness</u>, strengthening the health system, and <u>mitigating the impacts</u> of climate change. Beyond focusing on helping people in the Enga province, these are the things we should be working towards.

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