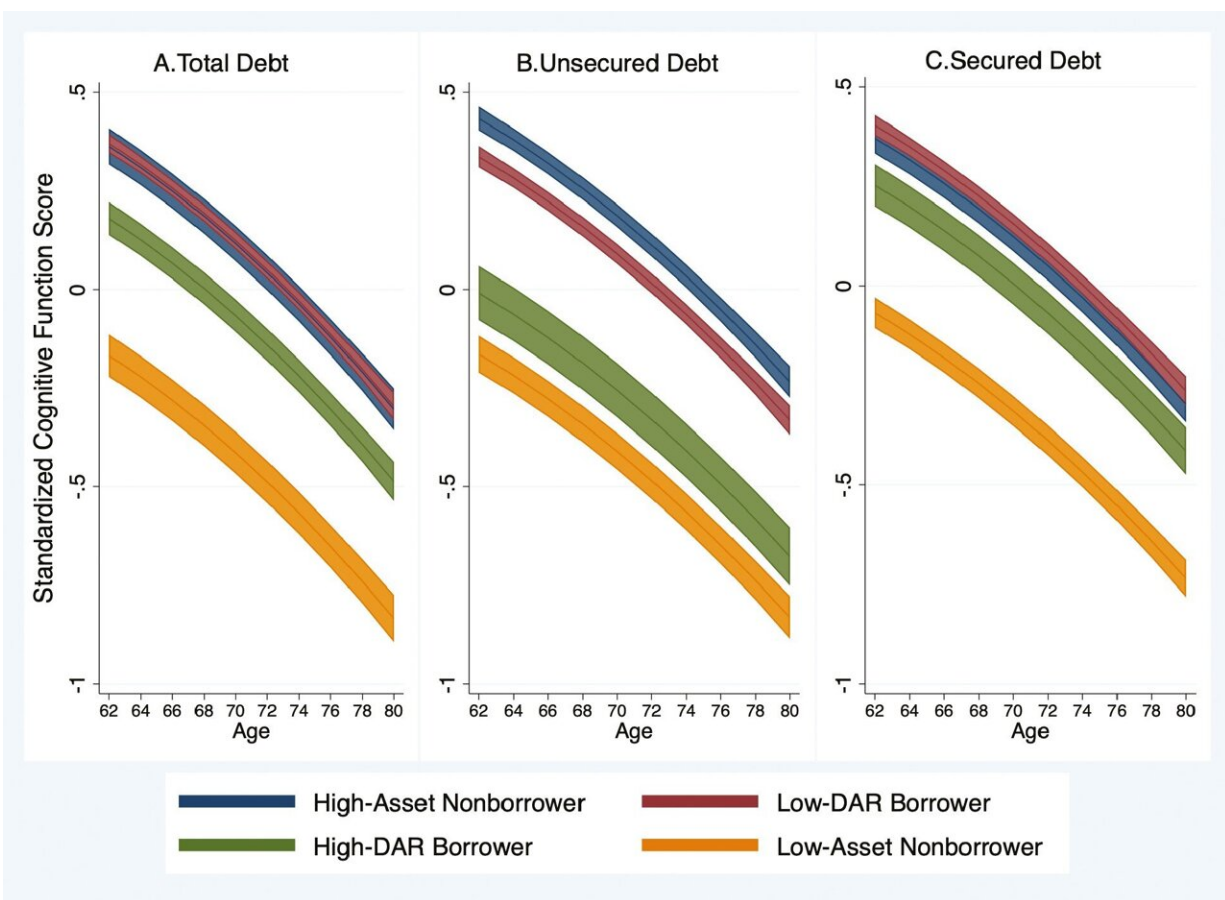


Researchers find a link between cognitive health and financial instability in Black Americans

May 23 2024, by Sandra Baltazar Martínez



Predicted age pattern of cognitive function for debt groups across different types of debt. Credit: *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* (2024). DOI: 10.1093/geronb/gbae014

A new study found that Black Americans trail white Americans when it comes to financial stability in midlife, which may impact brain health in old age.

Having—or lacking—[financial stability](#), especially for older Black Americans, can significantly impact health and cognitive function, according to a new study led by Chioun Lee, a University of California, Riverside associate professor of sociology.

The [study](#), "Racial Disparities in Cognitive Health Among Older Americans: The Role of Debt–Asset Profiles During Preretirement Age" was published in *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*

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