

Snakebites can destroy skin, muscle, and even bone—exciting progress on drugs to treat them

May 21 2024, by Steven R. Hall and Nicholas Casewell



Credit: Unsplash/CC0 Public Domain

The World Health Organization estimates that [1.8 million to 2.7 million](#) people are envenomed by snakes annually, resulting in upwards of

138,000 deaths.

In sub-Saharan Africa alone, [snakebite](#) annually kills between [20,000](#) and [32,000](#) people, though a [2022 paper](#) suggests this is likely a gross underestimate.

Africa is home to some of the most amazing and beautiful, but also dangerous, snakes on the planet. Tiny [saw-scaled vipers](#) cause potentially lethal bleeding problems. Large-bodied [puff adders](#) and [spitting cobras](#) have venoms that destroy flesh via necrosis. And the [venom](#) of [green and black mambas](#) can rapidly cause death by paralyzing the victim's respiratory muscles.

Most research on snakebite treatments has been focused on keeping the patient alive. But snakebite also leaves about [400,000 snakebite survivors](#) permanently scarred or disabled.

The [tissue damage](#) caused by necrotic snake venoms results from certain toxins destroying a victim's skin, muscle, and even bone. These cytotoxins kill cells. The damage can be severe. Often the dead flesh, affected digits or even limbs have to be surgically removed.

One can easily imagine the devastation caused by such injuries to snakebite survivors and their families. But what if this necrosis could be stopped before it began?

Over the past few years, much of our work has been focused on developing new therapies for this local tissue necrosis. One avenue we have been exploring is using repurposed drugs which inhibit snake venom cytotoxins. These are drugs originally developed for other diseases and which have already been determined safe in human clinical trials.

[Our research](#) has made us optimistic that administering such drugs locally at the bite site is a viable way to treat the necrotic effects of snakebite envenoming. [Our findings](#) also suggest that the drugs are effective across different species of snake, so that a globally effective treatment may be possible.

Getting a drug to market is a lengthy process that requires years of dedicated research and significant capital. But these exciting findings are the first step to delivering new and desperately needed drug treatments to victims of injuries induced by snakebites.

Current treatment of snakebite

The symptoms of snakebite are commonly split into three categories:

- hemotoxicity (bleeding and [blood clotting](#))
- neurotoxicity (paralysis of muscles and respiration)
- cytotoxicity (tissue destruction).

The venoms of some snakes will primarily cause symptoms from only one of these categories. But many cause more than one, which makes them more complicated to treat.

Antivenom is currently the only available treatment for snakebite [envenoming](#) that can inhibit the damaging effects of venom toxins. It often saves lives, but current antivenoms also present some [difficulties](#). They are costly, have to be kept cold and must be injected intravenously by a medical professional.

And antivenoms are [largely ineffective](#) against the tissue destruction caused by cytotoxic snake venoms.

This is partly because the antibodies contained within antivenoms are

large. It's harder for them to move from the blood into the peripheral tissue where the snakebite occurred. Then there's the time it takes to get proper medical treatment for the patient. In some [rural communities](#) it can take [5](#) to [9 hours](#) for a victim to reach hospital.

It is for these reasons that we are interested in developing new snakebite treatments that could be administered almost immediately after the bite, buying time to reach hospital and helping to save both life and limb.

Drugs for snakebite-induced necrosis

Small molecule drugs are biologically active compounds with a low molecular weight and are used widely in health care, from medicines for headaches ([aspirin](#)) to cancer ([doxorubicin](#)). Our research has previously shown how certain [small molecule drugs](#) and [drug combinations](#) can protect against the lethal effects of venoms from various snake species. These include the repurposed drugs marimastat and 2,3-dimercapto-1-propanesulfonic acid (DMPS), which inhibit one family of toxins, and varespladib, which targets another.

We recently published an [article](#) in *Nature Communications* describing the impressive preclinical efficacy of these same three drugs in two different dual-drug therapies.

The injection of these combination therapies directly into the "snakebite-site" inhibited the skin damage caused by a variety of viper snake venoms from different parts of the world.

Even more impressive was that the protective effects remained even when the drugs were injected up to an hour later. This shows there is a window of opportunity after a snakebite occurs where such a [treatment](#) could be effective.

In a [second project](#) we identified how two groups of toxins— called phospholipases A2 and cytotoxic three finger toxins—work together to cause [tissue damage](#) from spitting cobra bites. This suggested that if we inhibited just one of these toxin groups, it could be sufficient to reduce the venoms' overall cytotoxic potency.

Confirming this hypothesis, we found that the phospholipase A2-inhibitor varespladib alone almost completely neutralized the cytotoxic effects of multiple African spitting cobra venoms when injected directly into the snakebite-site. More importantly, this drug also inhibited skin necrosis when administered up to an hour after the snakebite and displayed similar protective properties against venom-induced muscle necrosis.

Together, our data make us confident that small molecule drugs will make it possible to drastically reduce the severity of envenomings in tropical snakebite patients.

This article is republished from [The Conversation](#) under a Creative Commons license. Read the [original article](#).

Provided by The Conversation

Citation: Snakebites can destroy skin, muscle, and even bone—exciting progress on drugs to treat them (2024, May 21) retrieved 11 July 2024 from <https://medicalxpress.com/news/2024-05-snakebites-destroy-skin-muscle-bone.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.