

# Clinical response seen for patients with severe asthma initiating biologics

June 28 2024, by Elana Gotkine

---



Patients with severe asthma initiating biologics exhibit clinical responses and super-responses, but 40 to 50% do not meet response criteria, according to a study [published](#) online June 22 in *Allergy*.

Eve Denton, M.B.B.S., from Alfred Health in Melbourne, Australia, and colleagues examined responsiveness to biologics in a real-world population of adults with [severe asthma](#). Participants in the International Severe Asthma Registry (ISAR) with  $\geq 24$  weeks of follow-up were categorized as those who initiated or did not initiate biologics.

Treatment responses were examined in various domains: forced expiratory volume in one second (FEV<sub>1</sub>) increase by  $\geq 100$  mL, improved [asthma control](#), annualized exacerbation rate (AER) reduction  $\geq 50\%$ , and any long-term oral corticosteroids (LTOCS) dose reduction. Overall, 5.3% of the patients in ISAR met the inclusion criteria for the trial; 2,116 of 8,451 initiated biologics.

The researchers found that compared with noninitiators, biologic initiators had worse baseline impairment, despite having similar biomarker levels. Of the initiators, about half or more had treatment responses: 59% AER reduction, 54% FEV<sub>1</sub> increase, 49% improved control, and 49% reduced LTOCS; of these, 32, 19, 30, and 39%, respectively, were super-responses. Compared with noninitiators, [biologic](#) initiators more often had responses/super-responses; however, about 40 to 50% of initiators did not meet the criteria for response.

"These findings justify further research to determine whether initiating biologics earlier—before asthma causes irreversible lung damage—may increase the likelihood of achieving a response or super-response," the authors write.

Several authors disclosed ties to biopharmaceutical companies, including AstraZeneca and Optimum Patient Care Ltd., which funded the study.

**More information:** Eve Denton et al, Real-world biologics response and super-response in the International Severe Asthma Registry cohort, *Allergy* (2024). [DOI: 10.1111/all.16178](https://doi.org/10.1111/all.16178)

© 2024 [HealthDay](#). All rights reserved.

Citation: Clinical response seen for patients with severe asthma initiating biologics (2024, June 28) retrieved 17 July 2024 from

<https://medicalxpress.com/news/2024-06-clinical-response-patients-severe-asthma.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.