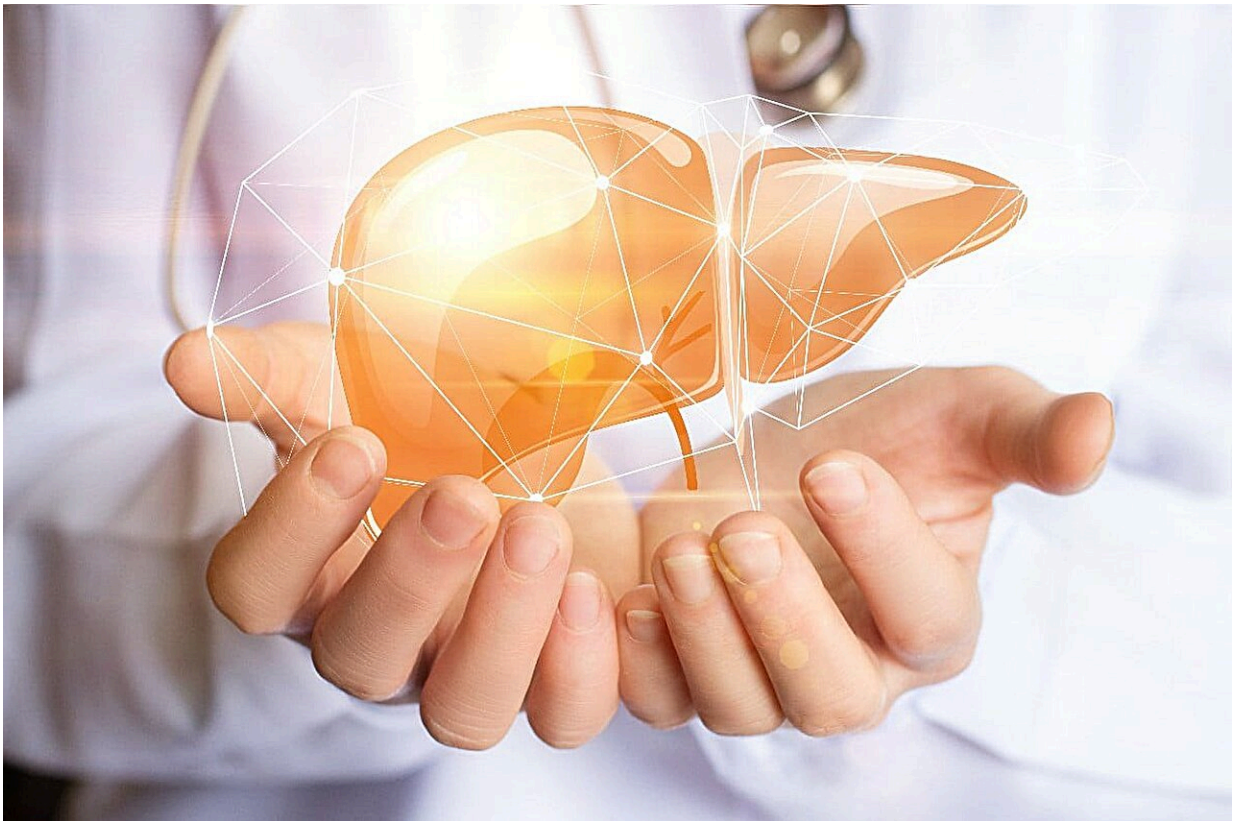


Guidelines updated for diagnosis, management of focal liver lesions

July 23 2024, by Elana Gotkine



In a clinical guideline issued by the American College of Gastroenterology and [published](#) online in the July issue of *The American Journal of Gastroenterology*, updated recommendations are presented for

the diagnosis and management of the most common focal liver lesions (FLL).

Catherine Frenette, M.D., from the Family Health Centers of San Diego, and colleagues used the best evidence available to make [diagnosis](#) and management recommendations for the most common FLLs.

The authors recommended multiphasic contrast-enhanced imaging, preferably [magnetic resonance](#) imaging (MRI) or [computed tomography](#) performed with late arterial, portal venous, and delayed phases in patients with FLL of uncertain etiology. In patients with hepatic adenomas, discontinuation of oral contraceptives or intrauterine devices that are hormone-impregnated is recommended.

Weight loss is suggested for overweight or obese patients with hepatic adenomas. To accurately distinguish hepatic adenomas from other benign or malignant liver lesions, multiphasic liver imaging (preferably MRI) is suggested over standard cross-sectional imaging modalities.

Discontinuation of exogenous hormones is suggested and [weight loss](#) advised, if applicable, in women with hepatic adenomas

Citation: Guidelines updated for diagnosis, management of focal liver lesions (2024, July 23) retrieved 23 July 2024 from <https://medicalxpress.com/news/2024-07-guidelines-diagnosis-focal-liver-lesions.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--