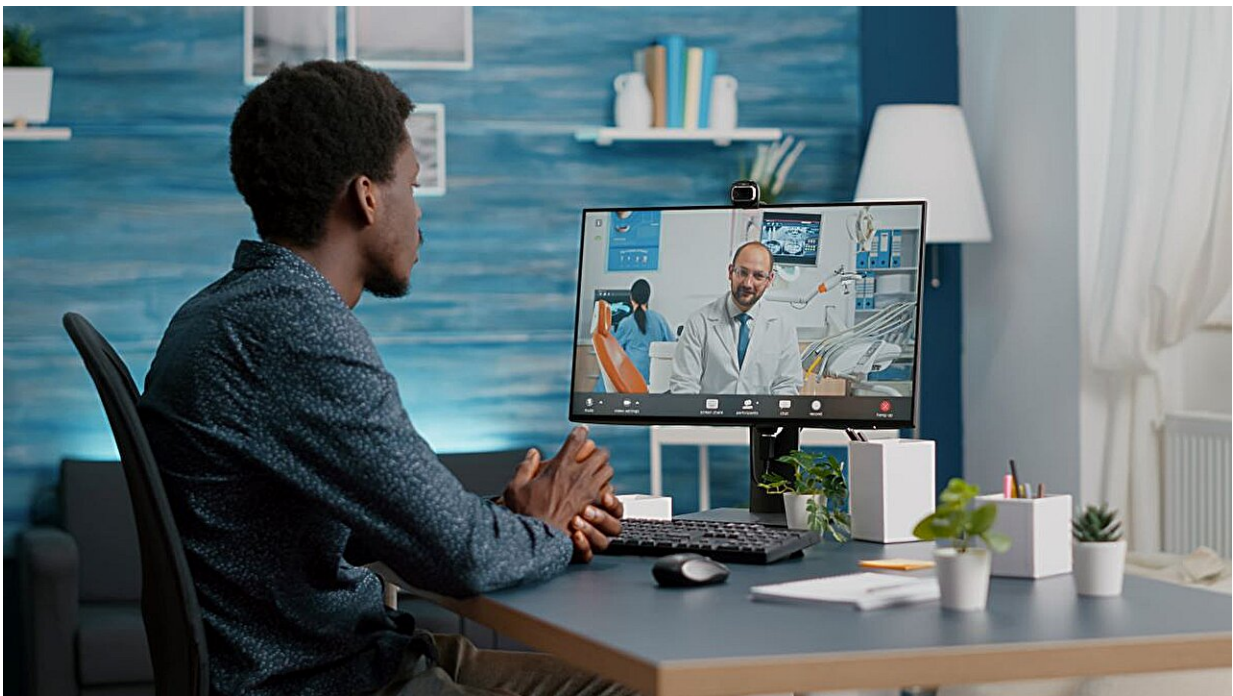


Fewer mental health facilities offering telehealth since end of pandemic

July 19 2024, by Lori Solomon



Telehealth availability for mental health services has declined since the end of the COVID-19 public health emergency, according to a study [published](#) online July 10 in *JAMA Network Open*.

Ryan K. McBain, Ph.D., from RAND Corporation in Washington, D.C., and colleagues evaluated changes in availability of telehealth services at

1,404 U.S. outpatient mental health treatment facilities during (December 2022 to March 2023) and 1,001 facilities after (September to November 2023; wave 2) the COVID-19 [public health emergency](#).

The researchers found that the percentage of facilities offering telehealth declined from 81.6 to 79.0 percent (odds ratio [OR], 0.84; 95 percent confidence interval [CI], 0.72 to 1.00; P

"Telehealth availability has declined since the public health emergency end with respect to scope and modality of services, suggesting targeted policies may be necessary to sustain [telehealth](#) access," the authors write.

More information: Ryan K. McBain et al, Telehealth Availability for Mental Health Care During and After the COVID-19 Public Health Emergency, *JAMA Network Open* (2024). [DOI: 10.1001/jamanetworkopen.2024.20853](#)

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