Cocaine discovery could pave way for treatment for substance abuse

August 7 2024

Cryo-EM structure of full-length hDAT\textsuperscript{Twin} with bound cocaine. Credit: Nature (2024). DOI: 10.1038/s41586-024-07804-3
You have probably heard of dopamine. The substance also known as the "feel-good hormone."

Drugs such as cocaine cause a surge of dopamine in the brain. Normally, a protein in the brain called the dopamine transporter (DAT) helps regulate dopamine levels and prevent the brain from thinking that every experience is pleasurable.

However, when affected by cocaine, the brain is unable to regulate dopamine levels. Previously, researchers did not know how cocaine affects the different transporters in the brain, but a new study from the University of Copenhagen has changed that.

The paper is published in the journal Nature.

"We have learned how cocaine binds to the dopamine transporter, which is a protein responsible for regulating dopamine levels in the brain. What we did was describe the structure of the dopamine transporter, which gave us molecular-level insight into how it is inhibited by cocaine," says Ph.D. Student Jeppe Cederholm Nielsen, who is one of the researchers responsible for the new study.

When the brain is unable to regulate dopamine levels, everything we do seems great, the researchers explain. Cocaine does not make the brain release more dopamine, but it prevents it from regulating and removing dopamine.

"When we experience something as pleasurable, it is because the dopamine that is released in the brain stimulates the reward center. The role of the dopamine transporter is to stop this process by removing dopamine," says Professor Claus Løland from the Department of Neuroscience at the University of Copenhagen and adds,
"When cocaine blocks the dopamine transporter, dopamine will continue to stimulate the reward center—even though the experience itself is not particularly pleasurable. In other words, we become incapable of distinguishing between what is truly pleasurable and what is not, and then all types of input given by our senses will seem great. You could say that cocaine tricks the brain. It is a form of chemical brainwashing."

**World's most powerful microscope provides answers**

To understand what cocaine does to the brain, the researchers studied the dopamine transporter, which is a very small protein—too small to be studied under a standard microscope.

"We have used the most powerful microscope in the world to study the structure of the atoms of the dopamine transporter. We have learned how cocaine binds and thus blocks this function, and this is important if we want to be able to stop cocaine from affecting the brain," says Nielsen and adds,

"These proteins are so tiny that they are invisible under a microscope—even this extremely powerful microscope. But we used a couple of tricks to work around this and make them visible."

**Want to develop treatment for substance abuse**

There is currently no treatment for cocaine abuse, but in the long run the researchers want to develop treatments that can help people get rid of their addictions.

"Our dream is to find a medical treatment for cocaine abuse. While fewer and fewer people are addicted to drugs in general, an increasing number of people become addicted to cocaine. It is one of the most
addictive substances out there, and it is becoming more and more affordable," says Løland.

The researchers hope their new knowledge of the function of the dopamine transporter will help them understand addiction in general.

"Perhaps we will be able to treat addiction to a number of things, not just cocaine. For instance, addiction to gambling or other substances, which is also caused by a release of dopamine into the brain," says Løland and adds, "If we were able to design a drug for addiction in general, we would be able to help a lot of people."


Provided by University of Copenhagen


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