

Cartenoids found to reduce hip fracture risk in lean men

December 16 2012

Speaking at the IOF Regionals Asia-Pacific Osteoporosis Meeting, researchers from the National University of Singapore and the Singapore Ministry of Health, announced a study which links carotenoids to decreased hip fracture risk in elderly, lean Chinese men. Elderly who are lean (BMI

Citation: Cartenoids found to reduce hip fracture risk in lean men (2012, December 16) retrieved 20 September 2024 from https://medicalxpress.com/news/2012-12-cartenoids-hip-fracture-men.html

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