

CDC: Trends in cholesterol levels of US adults estimated

24 October 2013

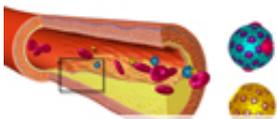
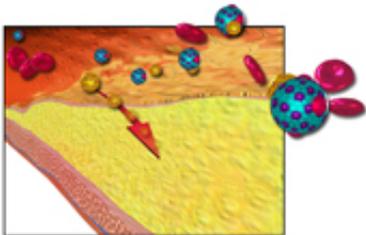


Image courtesy of Blausen Medical

From 2009-2010 to 2011-2012, there was no change in the percentage of adults with high total cholesterol, or in the percentage undergoing cholesterol screening, according to an October data brief published by the U.S. Centers for Disease Control and Prevention's National Center for Health Statistics.

(HealthDay)—From 2009-2010 to 2011-2012, there was no change in the percentage of adults with high total cholesterol, or in the percentage undergoing cholesterol screening, according to an October data brief published by the U.S. Centers for Disease Control and Prevention's National Center for Health Statistics (NCHS).

Margaret D. Carroll, M.S.P.H., from the NCHS in Hyattsville, Md., and colleagues used data from the National Health and Nutrition Examination Survey to estimate the percentages of adults aged 20 years or older with high total cholesterol, with low high-density lipoprotein (HDL) cholesterol, and who were screened for cholesterol for 2011 to 2012, and compared them with estimates from 2009 to 2010.

According to the report, an estimated 12.9 percent of U.S. adults had high total cholesterol in 2011 to 2012 (11.1 percent of men and 14.4 percent of women), which was unchanged from 2009 to 2010.

During 2011 to 2012, about 17 percent of adults had low HDL cholesterol—a 20 percent decrease from 2009 to 2010. There was no change in [cholesterol screening](#) levels from 2009 to 2010; most adults (nearly 70 percent of adults; 67 percent of men and almost 72 percent of women) had been screened in 2011 to 2012.

"Although the percentage of [adults](#) aged 20 and over with high total cholesterol declined substantially from 1999 to 2010, there was no change between 2009 to 2010 and 2011 to 2012," the authors write.

More information: [More Information](#)

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