

Study backs giving flu vaccine to working-age adults with diabetes

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All people with diabetes should receive influenza vaccination, according to guidelines in most high-income countries, but there has been little evidence to back this policy. However, a new study in *Diabetologia* (the journal of the European Association for the Study of Diabetes) suggests that working age adults with diabetes are at an increased risk of influenza compared with people without diabetes, affirming the need to target people with diabetes for influenza vaccination. The study is by the team led by Dr Jeffrey A. Johnson, School of Public Health, University of Alberta, Edmonton, AB, Canada.

The American Diabetes Association and the Canadian Diabetes Association, as well as national vaccination authorities in Canada and the UK, all recommend vaccinating people with diabetes against influenza. In the United States, influenza vaccinations are recommended for all [adults](#), although priority continues to be placed on those with diabetes. Since separate recommendations already exist for vaccination in all elderly ([age](#) > 65 years) adults, the additional effect of guidelines calling for vaccinations in [diabetic adults](#) is to add working age (age ?18 and

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