Researchers have found a major piece of genetic evidence that confirms the role of a group of virus-fighting genes in cancer development.

Our understanding of the biological processes that cause cancer is limited. UV light and smoking are two well-understood cancer-causing processes. Exposure to either of these processes causes distinguishable patterns of genetic damage, or 'signatures', on the genome that can lead to cancer. All cancer-causing processes leave their own distinct imprint or signature, on the genomes of cancer cells.

The APOBEC family of genes control enzymes that are believed to have evolved in humans to fight off viral infections. Scientists have speculated that these enzymes are responsible for a very distinct signature of mutations that is present in approximately half of all cancer types. Therefore, understanding the cancer-causing process behind this common genetic signature is pivotal for disease control and prevention.

"The increased frequency of this common cancer signature in breast cancer patients with APOBEC gene abnormalities supports our theory that these enzymes play a role in generating this mutational signature," says Dr Serena Nik-Zainal, first author from the Wellcome Trust Sanger Institute.

This genetic deletion is found on chromosome 22 where the APOBEC genes, APOBEC3A and APOBEC3B, sit next to each other. Women with this genetic deletion have previously been reported to be more susceptible to breast cancer.

The team examined 923 samples of breast cancer from women from across the world and found more than 140 people with either one or two copies of the deletion on each chromosome. Breast cancer in women with the deletion had a much greater quantity of mutations of this particular genetic signature.
However, the mutational activity of the APOBEC genes appears to be a double-edged sword. This genetic deletion is much more prevalent in some populations than others: it is found in only 8 per cent of Europeans, but is present in 93 per cent of the population of Oceania. Although this deletion increases risk of cancer development, it also seems to provide a currently unknown advantage in populations where it is more common.

"In addition to this APOBEC mediated process, there appear to be many more cancer-causing mutational processes, the underlying nature of which has yet to be understood," says Professor Sir Mike Stratton, lead author and Director of the Sanger Institute. "Working out what these mutational processes are will have profound implications in the future for how we prevent and treat cancer."

More information: Serena Nik-Zainal et al (2014). 'Association of a common germline copy number polymorphism of APOBEC3A/3B with burden of putative APOBEC-dependent mutations in breast cancer' Advanced online publication in Nature Genetics. DOI: 10.1038/ng.2955

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