

Research shows E.B. White was right in Charlotte's Web

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Charlotte spun the word "humble" in her web to honor Wilbur, but a new study shows Charlotte depicts another kind of humility.

Before Charlotte the spider spelled the word "humble" in her web to describe Wilbur the pig, she told Templeton the rat that the word meant "not proud."

That's probably what most people say if you put them on the spot. But if you give them time to think about it deeply, like a new study just did, other themes emerge that have a lot to do with learning.

And these intellectual dimensions of humility describe the spider as well or better than the pig.

"Wilbur has many of the dimensions of humility in general: regard for others, not thinking too highly of himself - but highly enough," said Peter Samuelson, the lead study author. "Charlotte shows some of the unique aspects of intellectual humility: curiosity, love of learning, willingness to learn from others."

Samuelson is a psychologist at Fuller Theological Seminary who embarked on a new voyage for academia: a bottom-up exploration of what it really means to be humble. Samuelson teamed up with Brigham Young University psychologist Sam

Hardy.

For his part, Hardy utilized a statistical technique called multi-dimensional scaling that made sense of open-ended responses from the 350 study participants recruited from Amazon's "Mechanical Turk."

"This is more of a bottom-up approach, what do real people think about humility, what are the lay conceptions out there in the real world and not just what comes from the ivory tower," Hardy said. "We're just using statistics to present it and give people a picture of that."

Hardy's analysis found two clusters of traits that people use to explain humility. Traits in the first cluster come from the social realm: Sincere, honest, unselfish, thoughtful, mature, etc. The second and more unique cluster surrounds the concept of learning: curious, bright, logical and aware.

Samuelson says the two clusters of humble traits - the social and intellectual - often come as a package deal for people who are "intellectually humble." Because they love learning, they spend time learning from other people.

"In many ways, this is the defining feature of intellectual humility and what makes it distinct from general [humility](#)," said Samuelson, who formerly served as a Lutheran pastor prior to his academic career.

The new study appears in [The Journal of Positive Psychology](#).

Provided by Brigham Young University

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