

# High-value research of 2014 presented for internal medicine

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(HealthDay)—Articles relating to atrial fibrillation, venous thromboembolism, acute bronchitis, ambulatory blood pressure monitoring for hypertension screening, and guidelines relevant to generalist practice are included in a special update summary published online April 30 in the *Annals of Internal Medicine*.

Reena H. Hemrajani, M.D., and Stephanie A. Call, M.D., M.S.P.H., from Virginia Commonwealth University in Richmond, have summarized studies published in 2014 that are highly relevant to the practice of general [internal medicine](#).

The authors reviewed articles published in 2014 that were likely to help clinicians provide high-value care for ambulatory [patients](#). The articles selected included one that compared novel oral anticoagulants with warfarin for [atrial fibrillation](#) management. One article assessed the role

of prolonged cardiac monitoring for detection of atrial fibrillation in cryptogenic stroke patients. Another article assessed how to use venous ultrasonography and D-dimer levels to determine the duration of anticoagulation therapy for [venous thromboembolism](#). The authors also included articles summarizing guidelines relating to four relevant conditions for generalists: obstructive sleep apnea, adult immunization, lung cancer, and hypertension. Systematic reviews were included on the use of antibiotics in acute bronchitis and examining the value of confirmatory ambulatory blood pressure monitoring in patients with elevated office blood pressure.

"Our goal was to select articles published in 2014 that are likely to help clinicians provide high-value care for ambulatory patients," the authors write.

**More information:** [Full Text \(subscription or payment may be required\)](#)

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