

Patient navigators tied to shorter hospital stays

21 August 2015

Copyright © 2015 [HealthDay](#). All rights reserved.



(HealthDay)—Use of patient navigators (PNs) as inpatient care facilitators shortens hospital length of stay, according to a study published online Aug. 10 in the *Journal of Hospital Medicine*.

Janice L. Kwan, M.D., from Mount Sinai Hospital in Toronto, and colleagues evaluated a PN program's effects on communication between [patients](#) and providers during general medical [hospital](#) admission (July 2010 through March 2014). PNs integrated as full members of the inpatient care team, but without clinical responsibilities.

The researchers found that over the study period, 5,628 admissions (4,592 patients) had a PN and 2,213 admissions (1,920 patients) did not have PNs. Admissions with PNs were significantly shorter than admissions without PNs (6.2 versus 7.5 days; P

"Implementation of this intervention was associated with a reduction in length of stay without an increase in 30-day readmission," the authors write.

More information: [Abstract](#)
[Full Text \(subscription or payment may be required\)](#)

APA citation: Patient navigators tied to shorter hospital stays (2015, August 21) retrieved 20 May 2019 from <https://medicalxpress.com/news/2015-08-patient-tied-shorter-hospital.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.