Potential new drug therapy for peripheral nerve damage announced
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The MDI Biological Laboratory, located in Bar Harbor, Maine, is an independent, nonprofit biomedical research institution that develops solutions to complex human and environmental health problems through research, education and ventures that transform discoveries into cures. The institution is focused on increasing healthy lifespan and harnessing our natural ability to repair and regenerate tissues damaged by injury or disease.

Rieger and other scientists working in the institution's Kathryn W. Davis Center for Regenerative Medicine study tissue repair, regeneration and aging in a diverse range of organisms that have robust mechanisms to repair and regenerate tissue.

"Currently, there are no effective treatments for the underlying causes of peripheral neuropathy, which affects 30 to 40 percent of chemotherapy patients," said Kevin Strange, Ph.D., the president of the laboratory. "Our hope is that Dr. Rieger's work in the zebrafish model will lead to an effective treatment for this condition, which can cause disabling difficulty in carrying out everyday activities such as walking, writing, getting dressed and handling small objects."

Damage to peripheral nerves can cause pain, numbing, tingling, temperature sensitivity and muscle weakness. If the damage is severe, it can lead to serious problems such as falls, changes in heart rate, changes in blood pressure, difficulty breathing, paralysis and even organ failure. The overall incidence of 2.4 percent translates to nearly 8 million victims in the United States alone, with the incidence increasing to 8 percent after age 55.
Rieger has determined that, in the presence of paclitaxel, a widely used chemotherapeutic agent, peripheral neuropathy is caused by the increased expression of MMP-13 (matrix-metalloproteinase 13). MMP-13 is toxic to the nerves and increases the susceptibility of the skin on the hands and feet to injury from everyday stresses by degrading collagen, which Rieger described as the "glue" between the cells that helps the skin resist mechanical stress. The disruptions to the intricate interactions between the skin and nerves caused by the increase in MMP-13 activity are thought to contribute to paclitaxel-induced nerve damage.

Her research has identified two drugs that prevent paclitaxel-induced neurotoxicity by reducing the activity of MMP-13, offering a new avenue for potential therapeutic interventions. When given with paclitaxel, these new drugs prevented the degeneration of axons (the long, slender protrusions of a nerve cell) and restored the touch response in zebrafish. Rieger uses zebrafish as a model because they share 70 percent of their genes with humans; their brief lifespans also allow scientists to quickly gain valuable insight into fundamental scientific questions. Plans call for further testing in mammalian models such as mice and/or rats, as well as in human skin.

Rieger is now collaborating with the Mayo Clinic in Rochester, Minn., on studies in human skin tissue.

"Once we've completed our studies on mammalian models, we'd like to collaborate with a medical institution or pharmaceutical company on clinical trials in humans," Rieger said. "The current thinking is that no single drug is likely to be effective for the treatment of all peripheral neuropathies, which can stem from multiple causes. The hope, however, is that these drugs can also be used to treat other neuropathies or that the zebrafish model can be used to identify novel candidates for the treatment of other neuropathies."

In addition to chemotherapy, neuropathies can be caused by diabetes, multiple sclerosis, obesity, chronic kidney disease, aging and many other conditions, creating a huge unmet need for effective treatment.