

Tooth loss linked to an increased risk of dementia

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In a study of 1566 community-dwelling Japanese elderly who were followed for 5 years, the risk of developing dementia was elevated in individuals with fewer remaining teeth.

Individuals with 10-19, 1-9, and no teeth had 62%, 81%, and 63% higher risks of [dementia](#), respectively, than individuals with >20 teeth. Likewise, an inverse association was observed between the number of remaining teeth and the risk of developing Alzheimer's disease.

"Our findings emphasize the clinical importance of [dental care](#) and treatment, especially in terms of maintenance of teeth from an early age for reducing the future risk of dementia," said Dr. Tomoyuki Ohara, co-author of the *Journal of the American Geriatrics Society* study.

More information: *Journal of the American Geriatrics Society* [DOI: 10.1111/jgs.14791](https://doi.org/10.1111/jgs.14791)

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