

New hearing test to establish fitness-for-duty among military personnel

18 July 2017

Researchers at the University of Southampton have devised a new hearing test for military personnel that they hope will better assess whether soldiers have sufficient hearing ability to be safe and effective in a combat situation.

The current measure of 'auditory fitness-for-duty' used in British military medical examinations is 'pure-tone audiometry', which assesses the ability to hear individual tones of different frequencies in quiet surroundings. It does not take into account the communication and the noisy environments that infantry personnel encounter on a daily basis.

Dr Daniel Rowan, who led the team that devised the [test](#), said: "How good a [soldier](#)'s hearing is can mean the difference between life and death. The problem with the pure-tone audiometry test is that it doesn't relate to the listening challenges that soldiers face in the line of duty.

"Pure-tone audiometry comprises hearing short beeps in quiet environments. This is not a true reflection of military life.

"Our new test takes into account what soldiers need to be able to hear and react to, and is based on input from them on the typical scenarios that they actually experience."

The new test—a speech-in-noise test—involves participants listening to military-style language over background noise at varying balances.

The structure of sentences, for example "Ready bravo," "go to green" and "eight now," was chosen after soldiers previously completed surveys to identify battlefield sounds and commands based on their importance, regularity and the number of soldiers who hear them in the line of duty.

The new test was developed and assessed in a study, funded by the MoD Royal Centre for Defence Medicine, and published in the

International Journal of Audiology. It has since been implemented into a tablet app to make it easier and more cost-effective to deliver.

The test has been shown to accurately measure an individual's ability to recognise speech within [background noise](#). The Royal Centre for Defence Medicine has funded a follow-up study to investigate whether the test can accurately predict soldiers' auditory fitness-for-duty.

Lt Col Linda Orr, Military Lead for hearWELL Collaboration and Consultant ENT, said: "We are delighted that this work done at the University of Southampton and supported by the Defence Medical Services as part of the hearWELL Collaboration is moving forward knowledge in this critically important area and we look forward to further translational outcomes in the future."

More information: Hannah D. Semeraro et al. Development and evaluation of the British English coordinate response measure speech-in-noise test as an occupational hearing assessment tool, *International Journal of Audiology* (2017). [DOI: 10.1080/14992027.2017.1317370](#)

Provided by University of Southampton

APA citation: New hearing test to establish fitness-for-duty among military personnel (2017, July 18) retrieved 17 November 2019 from <https://medicalxpress.com/news/2017-07-fitness-for-duty-military-personnel.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.