

# Scientist finds children at risk from surprising source of air pollution

7 August 2017, by Blake Eligh

We think of schools as safe places for children, but there's an invisible hazard lurking right outside the front door. A recent study by Matthew Adams, assistant professor with U of T Mississauga's Department of Geography, found that school kiss-and-ride drop-off zones are exposing children to increased levels of air pollution.

With every breath, urban dwellers inhale a toxic cocktail of air pollutants like carbon monoxide, sulphur dioxide, nitrogen oxides and ozone. Our general exposure is typically predicted by government air quality data related to the postal code of an individual's home. But, Adams notes, many of us spend the majority of our day away from home, at work, school or other locations with different air quality. "The amount of [pollution](#) an individual is actually exposed to can change according to proximity to busy roads and major highways, workplace exposure, physical exertion or even weather conditions," he says.

Adams uses GIS—geographic information systems—to predict individual exposure to air pollution on a hyper-local scale, studying locations in Hamilton, Mississauga and other urban areas in the greater Toronto area. His research could help us better understand and predict our own exposure to air pollution, and maybe take steps to avoid it.

"We wanted to know what happens when cars idle outside of schools, and we found that it creates some significant air pollution issues," Adams says. "Under certain conditions, particularly in the winter when the air is not moving and dispersing that air pollution, cars can generate very high air pollution concentrations right where students are being dropped off." He notes that kindergarten play yards are often located next to drop-off zones, subjecting the youngest students to concentrated exposure to auto exhaust, which can lead to a variety of negative effects like respiratory health issues, poor school performance, and poor well-being later in life.

"Students spend a long time at school. They don't really have a choice in where they're going to school, and schools are built to last for a long time," he says. "Understanding what's going on in these very local sources of air pollution is important because that's really where the exposure occurs."

In his research, Adams collects [air pollution data](#) from mobile monitors, satellite imaging and fixed monitoring stations, and hopes to combine that information with location and heart rate data from cell phones and wearable fitness devices. "As we get better air pollution models that can estimate [pollution levels for] an entire city by block, by street or even household location, we can integrate that information into the activity patterns of how people move through the environment and start to understand what local exposure means."

"It's very difficult to control sources of pollution," Adams says. "But it's particularly important information for those who are at risk, such as the elderly, youth or people with existing cardio-respiratory diseases." Better information about local exposure could help individuals choose different activities or locations during periods of high pollution. "We want to inform people that a specific location might not be a good place to go for a run today, or that there's a better location elsewhere where there's lower exposure to [air pollution](#)," he says. "We want to provide the public with a way to manage their own risk."

"Simple changes can help to minimize health effects on students," Adams says. The study recommends locating play structures and play yards away from drop-off zones, encouraging students to walk and bike to school and convincing auto-oriented parents to turn off their engines in the drop-off location.

**More information:** Matthew D. Adams et al. How private vehicle use increases ambient air pollution concentrations at schools during the morning drop-

off of children, *Atmospheric Environment* (2017).

[DOI: 10.1016/j.atmosenv.2017.06.046](https://doi.org/10.1016/j.atmosenv.2017.06.046)

Provided by University of Toronto

APA citation: Scientist finds children at risk from surprising source of air pollution (2017, August 7)  
retrieved 16 January 2021 from <https://medicalxpress.com/news/2017-08-scientist-children-source-air-pollution.html>

*This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.*