

Clinical trial shows ready-to-use cells are safe and effective to treat viral infections

August 8 2017

Patients who receive a hematopoietic stem cell transplant are at risk of developing potentially lethal viral infections. Some of the infections can be treated with available drugs, but they are not always effective and side effects can be significant. Researchers at the Center for Cell and Gene Therapy at Baylor College of Medicine, Texas Children's Hospital and Houston Methodist have developed an alternative treatment in which virus-specific cells protect patients against severe, drug-resistant viral infections. The results of the clinical trial, which appear in the *Journal of Clinical Oncology*, show that the treatment is safe and effective against five different viruses, including one for which there was no effective treatment before.

"In this study we continued our previous work in the Center for Cell and Gene Therapy, in which we showed that patients who had developed an Epstein-Barr [virus infection](#) after a transplant that led to a lymphoproliferative disease, could be helped by receiving immune [cells](#) specialized in eliminating that particular virus," said first author Dr. Ifigeneia Tzannou, instructor of medicine in the section of hematology and oncology at Baylor College of Medicine. "Then, we and others successfully targeted other viruses, namely adenoviruses and cytomegalovirus."

"The novel contribution of this study is that we have targeted additional viruses, the BK virus and the HHV-6 virus, which had not been targeted this way before," said senior author Dr. Bilal Omer, assistant professor of pediatrics at Baylor and Texas Children's Hospital. "This is important

because the BK virus does not have an effective [treatment](#) and the complications are significant, including severe pain and bleeding. These patients are in the hospital for weeks, months sometimes, and now we have a treatment option."

A transplant of hematopoietic stem cells attempts to cure patients with certain cancers and other serious illnesses that have not responded to conventional chemotherapies. During the transplant treatment patients have a compromised immune system that cannot defend the body against diseases. The patients remain immunocompromised until the new immune system is functional, after about a year. Latent viruses in the patient's body may reemerge during this time and when standard viral treatments fail, the infections can become life-threatening.

"It is not uncommon that these patients have infections with more than one virus, so developing one treatment that can treat them all successfully is important," Tzannou said.

Omer, Tzannou and their colleagues conducted a clinical trial to determine the safety and effectiveness of pre-prepared virus-specific cells to treat five [viral infections](#) simultaneously in patients who had received a hematopoietic stem cells transplant.

"Off-the-shelf" virus-specific cells produce encouraging results

To prepare the virus-specific cells, "we take blood from healthy donors who have already been exposed to these viruses and who we have confirmed have [immune cells](#) that can fight the infections," Tzannou said. "We isolate the cells and let them multiply in culture. The final product is a mixture of cells that together can target all five viruses. We prepared 59 sets of virus-specific cells from different donors following

this procedure."

"Our strategy is to prepare a number of sets of virus-specific cells ahead of time and store them in a freezer, ready to use when a patient needs them," Omer said. "To match patient and donor, we use elaborate matching algorithms."

During this phase II clinical trial, 38 patients, of whom most had not responded to at least two conventional anti-viral treatments, received matching virus-specific cells. The researchers monitored virus levels and other clinical responses in the patients for several weeks. The results were encouraging; treatment with virus-specific cells resulted in a 92 percent overall complete or partial response rate. Some patients with BK virus infections felt better within a few days.

In addition, "we didn't have any significant toxicities," Tzannou said. "Taken together, the results of this trial suggest that it is reasonable to consider this treatment as an early option for these patients. We hope that the results of a future multicenter phase III clinical trial will help raise awareness in both physicians and [patients](#) that this treatment, which is safe and effective, is available."

More information: Ifigeneia Tzannou et al. Off-the-Shelf Virus-Specific T Cells to Treat BK Virus, Human Herpesvirus 6, Cytomegalovirus, Epstein-Barr Virus, and Adenovirus Infections After Allogeneic Hematopoietic Stem-Cell Transplantation, *Journal of Clinical Oncology* (2017). [DOI: 10.1200/JCO.2017.73.0655](https://doi.org/10.1200/JCO.2017.73.0655)

Provided by Baylor College of Medicine

Citation: Clinical trial shows ready-to-use cells are safe and effective to treat viral infections

(2017, August 8) retrieved 24 April 2024 from <https://medicalxpress.com/news/2017-08-clinical-trial-ready-to-use-cells-safe.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.