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Variation in participation in diabetes self-management class

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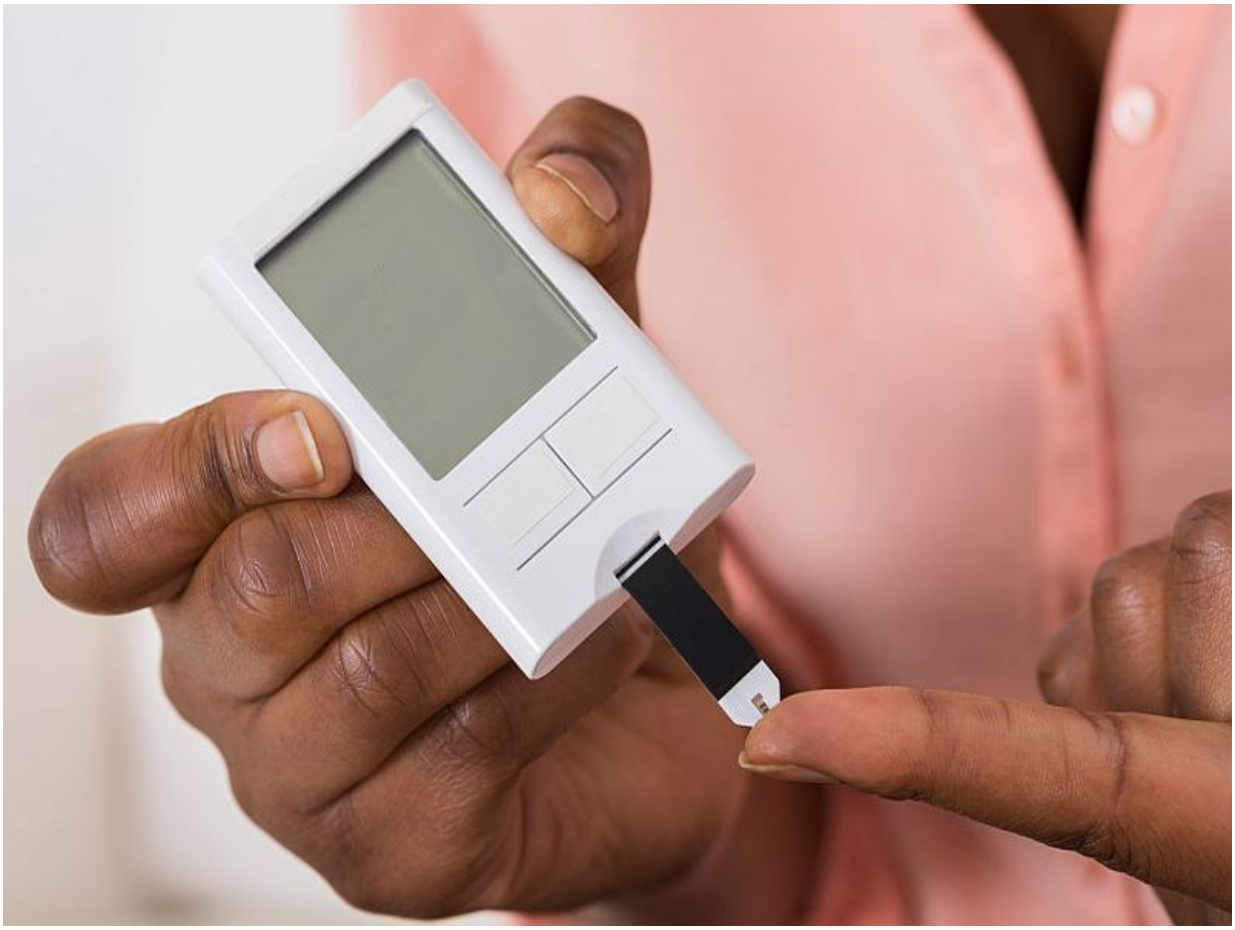

(HealthDay)—There is considerable variation in nonparticipation in

diabetes self-management classes, according to a study published online Aug. 3 in the U.S. Centers for Disease Control and Prevention's *Preventing Chronic Disease*.

Melissa L. Santorelli, Ph.D., from the New Jersey Department of Health in Trenton, and colleagues used data from the 2013 to 2015 Behavioral Risk Factor Surveillance System to examine variation in participation in a diabetes self-management class in New Jersey.

The researchers observed significant variation in nonparticipation by race/ethnicity (P

"Attention is warranted in identifying participation barriers among patients who live in certain counties, have less education, are without health care coverage, have been diagnosed with diabetes more recently, visit a provider less often, or belong to certain racial/ethnic minority group," the authors write.

More information: Abstract/Full Text

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