Cardiopulmonary exercise testing prognostic in aortic stenosis

25 August 2017

(HealthDay)—For patients judged as symptomatic or questionably symptomatic for aortic stenosis, an initially conservative management strategy results in good prognosis if cardiopulmonary exercise testing (CPET) does not indicate significant hemodynamic compromise, according to a study published in the Sept. 1 issue of The American Journal of Cardiology.

Van D. Le, Ph.D., from Roskilde University Hospital in Denmark, and colleagues examined whether CPET is prognostically useful for patients judged asymptomatic or questionably symptomatic for aortic stenosis with aortic valve area index.


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