Ultrasound echo intensity is potential frailty biomarker
21 September 2017

(HealthDay)—Higher levels of echo intensity (EI) on ultrasound are associated with lower levels of muscle strength (MS) and greater frailty in the elderly, according to a study published online Sept. 7 in the *Journal of the American Geriatrics Society*.

Rebeca Miron Mombiela, M.D., from Universidad de Valencia/INCLIVA in Spain, and colleagues evaluated whether muscle quality based on EI is associated with MS and risk of frailty in elderly outpatients (aged 60 to 90 years). In total, 112 individuals participated, with those aged 20 to 59 years serving as controls.

The researchers observed a significant negative correlation between EI and MS (P

"These results, although needing to be replicated in larger and more-diverse populations, suggest that EI obtained using ultrasound images might be used as noninvasive imaging biomarker of frailty in elderly adults and opens the possibility of

More information: Abstract
Full Text (subscription or payment may be required)

Copyright © 2017 HealthDay. All rights reserved.