Tooth enamel that regrows? Researcher says revolutionary gel could make it possible
16 April 2018, by Katharine Gammon

The synthetic tooth enamel (pictured here) was two times harder than the softened control enamel. Credit: Janet Moradian-Oldak

Dental cavities are the leading source of disability and pain: They affect 35 percent of the world's population, with an economic impact in the hundreds of billions of dollars. Still, the methods for treating cavities and tooth enamel loss generally involve pain, cost—and drills.

Janet Moradian-Oldak, a professor at the Herman Ostrow School of Dentistry of USC, has been studying how to coax tooth enamel to regenerate on its own for decades.

The problem is so complex, she said, because enamel—one of three hard tissues that make up teeth—is unique. The cells that create enamel die after it's produced, so it doesn't regenerate on its own.

"It's not like bone," said Moradian-Oldak, a researcher at the Ostrow School's Center for Craniofacial Molecular Biology. "With bone, there is constant remodeling and regeneration."

**Synthetic tooth enamel that is two times harder**

Moradian-Oldak started with an idea: If she could understand how cells make enamel in nature, it could be possible to replicate the process in the lab without cells. She soon found the process was much more difficult than what she envisioned. Translating research from the lab to the clinic and regulatory process, in particular, has proved challenging.

So she decided to take a slightly different tack: Instead of mimicking the entire natural process, she'd just work on the part of enamel formation with the most impact.

Moradian-Oldak and her team engineered a string of amino acids that contained only the parts needed for enamel crystal creation. Over seven days, the shorter peptide grew synthetic aprismatic enamel that was two times harder than the softened control enamel. Moradian-Oldak reported the results of the study in a paper recently published in the journal *ACS Omega*.

**Painting instead of drilling**

The shorter peptide has a few benefits over a longer one: It's less expensive, and the path to getting this approved by the U.S. Food and Drug Administration would be simpler. The study was a proof of concept, but eventually the peptides could be incorporated into a gel. Such a product could be painted on teeth eroded by early cavities or erosion causing pain and tooth hypersensitivity, effectively replacing lost enamel.

Lots of variation happens in the depths of peoples'
molars. In the lab, Moradian-Oldak studied the effects of controlled, artificial saliva on the synthetic enamel. The saliva trapped minerals like calcium and phosphate. She notes that in life, saliva has many other components like antibodies and proteins—another challenge.

The work is still in its early days, and clinical trials are years away, but it's still exciting, she said.

**A new mantra for dentists**

Kaushik Mukherjee, a fourth-year doctoral student in Moradian-Oldak's lab working on the project, explains that the current strategies for treating early cavities have shortcomings: They don't have the same composition as tooth enamel. "Because we are focusing on growing bioinspired synthetic enamel, the structure is durable," he said.

There is a huge push in dentistry to be as minimally invasive as possible, Mukherjee explained—something that will come as welcome news to patients who clench their muscles when they hear a dental drill.

When treated early, conservative dentistry can help patients restore their teeth to health. That benefits everyone: As cavities go deeper, the cost of treatment gets higher.

"The new mantra in dentistry is filling without drilling," Mukherjee said.

Provided by University of Southern California

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