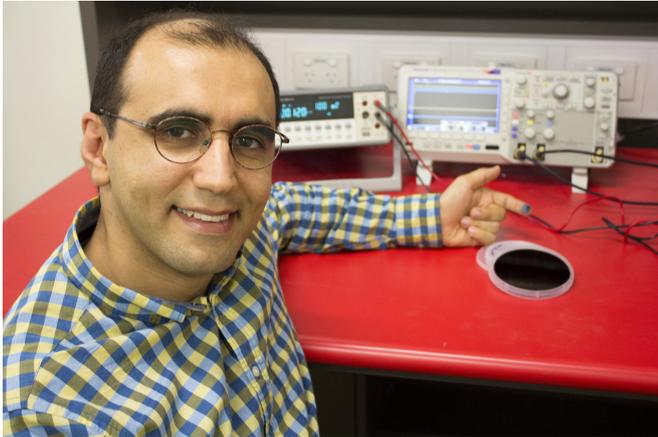


Prediction method for epileptic seizures developed

30 May 2018



Dr. Omid Kavehei from the Faculty of Engineering and Sydney Nano Institute at the University of Sydney.
Credit: University of Sydney

Epileptic seizures strike with little warning and nearly one third of people living with epilepsy are resistant to treatment that controls these attacks. More than 65 million people worldwide are living with epilepsy.

Now researchers at the University of Sydney have used advanced artificial intelligence and machine learning to develop a generalised method to predict when seizures will strike that will not require [surgical implants](#).

Dr. Omid Kavehei from the Faculty of Engineering and IT and the University of Sydney Nano Institute said: "We are on track to develop an affordable, portable and non-surgical device that will give reliable prediction of seizures for people living with treatment-resistant [epilepsy](#)."

In a paper published this month in *Neural Networks*, Dr. Kavehei and his team have proposed a generalised, patient-specific, seizure-prediction method that can alert epilepsy sufferers

within 30 minutes of the likelihood of a seizure.

Dr. Kavehei said there had been remarkable advances in [artificial intelligence](#) as well as micro- and nano-electronics that have allowed the development of such systems.

"Just four years ago, you couldn't process sophisticated AI through small electronic chips. Now it is completely accessible. In five years, the possibilities will be enormous," Dr. Kavehei said.

The study uses three data sets from Europe and the United States. Using that data, the team has developed a predictive algorithm with sensitivity of up to 81.4 percent and false prediction rate as low as 0.06 an hour.

"While this still leaves some uncertainty, we expect that as our access to seizure data increases, our sensitivity rates will improve," Dr. Kavehei said.

Carol Ireland, chief executive of [Epilepsy Action Australia](#), said: "Living with constant uncertainty significantly contributes to increased anxiety in people with epilepsy and their families, never knowing when the next seizure may occur.

"Even people with well controlled epilepsy have expressed their constant concern, not knowing if or when they will experience a seizure at work, school, travelling or out with friends.

"Any progress toward reliable seizure prediction will significantly impact the quality of life and freedom of choice for people living with epilepsy."

Dr. Kavehei and lead author of the study, Nhan Duy Truong, used deep machine learning and data-mining techniques to develop a dynamic analytical tool that can read a patient's electroencephalogram, or EEG, data from a wearable cap or other portable device to gather EEG data.

Wearable technology could be attached to an affordable device based on the readily available Raspberry Pi technology that could give a patient a 30-minute warning and percentage likelihood of a seizure.

An alarm would be triggered between 30 and five minutes before a seizure onset, giving patients time to find a safe place, reduce stress or initiate an intervention strategy to prevent or control the seizure.

Dr. Kavehei said an advantage of their system is that is unlikely to require regulatory approval, and could easily work with existing implanted systems or medical treatments.

The algorithm that Dr. Kavehei and team have developed can generate optimised features for each patient. They do this using what is known as a 'convolutional neural network', that is highly attuned to noticing changes in brain activity based on EEG readings.

Other technologies being developed typically require surgical implants or rely on high levels of feature engineering for each patient. Such engineering requires an expert to develop optimised features for each prediction task.

An advantage of Dr. Kavehei's methodology is that the system learns as brain patterns change, requiring minimum feature engineering. This allows for faster and more frequent updates of the information, giving patients maximum benefit from the seizure prediction algorithm.

The next step for the team is to apply the [neural networks](#) across much larger data sets of [seizure](#) information, improving sensitivity. They are also planning to develop a physical prototype to test the system clinically with partners at the University of Sydney's Westmead medical campus.

More information: Nhan Duy Truong et al, Convolutional neural networks for seizure prediction using intracranial and scalp electroencephalogram, *Neural Networks* (2018). [DOI: 10.1016/j.neunet.2018.04.018](https://doi.org/10.1016/j.neunet.2018.04.018)

APA citation: Prediction method for epileptic seizures developed (2018, May 30) retrieved 26 January 2021 from <https://medicalxpress.com/news/2018-05-method-epileptic-seizures.html>

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