

Guidelines address self-management of hospitalized diabetes patients

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It is important that patients with diabetes be involved in decisions concerning the management of their condition while they are hospitalized. New guidelines published in *Diabetic Medicine* are meant to improve the inpatient experience and safety for people with diabetes through effective self-management.

The guidelines suggest an approach to providing [patient information](#), the circumstances in which self-management is appropriate, the development of care plans, and the elements needed for effective self-management.

"Hospital clinical staff should be aware that many people with [diabetes](#) in hospital wish to self-manage and should ensure this need is met as far as possible," the authors wrote.

More information: D. Flanagan et al, Self-management of diabetes in hospital: a guideline from the Joint British Diabetes Societies (JBDS) for Inpatient Care group, *Diabetic Medicine* (2018). [DOI: 10.1111/dme.13677](https://doi.org/10.1111/dme.13677)

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