

CDC: prevalence of gestational diabetes 6.0 percent in 2016

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"Changes in preexisting and [gestational diabetes](#) suggest strategies before, during, and after pregnancy are needed to prevent, control, or mitigate risks associated with these conditions," the authors write.

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(HealthDay)—The prevalence of gestational diabetes was 6.0 percent in 2016, with a slight increase seen from 2012 to 2016, according to research published in the Nov. 2 issue of the U.S. Centers for Disease Control and Prevention's *Morbidity and Mortality Weekly Report*.

Nicholas P. Deputy, Ph.D., from the CDC in Atlanta, and colleagues analyzed 2012 to 2016 National Vital Statistics System birth data to examine recent state-specific trends in gestational diabetes.

The researchers found that the crude national prevalence of preexisting diabetes was 0.9 percent among women with [live births](#) and the prevalence of gestational diabetes was 6.0 percent in 2016. The age- and race/ethnicity-standardized prevalence of preexisting diabetes was stable at 0.8 percent among 40 jurisdictions with continuously available data from 2012 through 2016, while a slight increase was seen from 5.2 to 5.6 percent for gestational diabetes.

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