

# Cancer stem cells get energy from protein, and it's proving to be their Achilles' heel

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Working in the lab of Craig Jordan, Ph.D., first author Courtney Jones shows that leukemia stem cells depend on amino acid metabolism, and that the drug venetoclax blocks this action, killing the cells. Credit: University of Colorado Cancer Center

Think of energy metabolism like a party popper: Ripping something apart releases a bang. Most of your cells rip apart sugar to release the "bang" of energy. Sometimes they rip apart fats, and in a pinch, cells can even metabolize protein.

Cancer cells do things a little differently. First, most cancer cells continue to depend on glucose, but switch over from "cellular respiration" (which requires oxygen), to "glycolysis" (which can happen with or without oxygen). A University of Colorado Cancer Center study published today in the journal *Cancer Cell* shows that cancer [stem cells](#) take a third approach: They stick with cellular respiration, but switch from metabolizing sugar to metabolizing protein, or more precisely amino acids, which are the building blocks of protein.

Healthy cells don't need to metabolize protein. The current study shows that [cancer stem cells](#) do need to metabolize protein. And this difference is proving to be an Achilles' heel that allows researchers to target cancer stem cells without harming healthy cells—the approach has already proven effective in clinical trials against acute myeloid leukemia and holds promise for other cancers including breast, pancreatic, and liver.

"In acute myeloid leukemia, we've gotten pretty good at killing the bulk of cancer cells, but a small population of cancer stem cells are uniquely equipped to resist these therapies, and these stem cells often survive to restart the condition later. We've needed a way to specifically target cancer stem cells, and it looks like this might be it," says Craig Jordan, Ph.D., investigator at University of Colorado Cancer Center, division chief of the Division of Hematology and the Nancy Carroll Allen Professor of Hematology at the University of Colorado School of Medicine.

In fact, Jordan has spent more than 20 years laying the scientific groundwork for this attack against cancer stem cells, and now just in the

past six months, with a flurry of important publications, the work from his team has led not only to increased understanding of these tenacious cells, but to treatments that may change the standard of care for acute myeloid leukemia and perhaps other cancers as well. In a recent clinical trial, patients with acute myeloid leukemia who were not candidates for bone marrow transplant were treated with the drug venetoclax, which blocks cells' ability to uptake amino acids.

"Conventional chemotherapy is not effective for most patients with acute myeloid leukemia. The new results with venetoclax look very promising," Jordan says. Clinical trial results are also published today in the journal *Nature Medicine*, with first author Daniel Pollyea, MD. The current study circles back to pinpoint why the clinical trial was so successful.

Very basically, a series of studies performed by first author Courtney Jones, Ph.D., and others in the Jordan lab showed that [leukemia stem cells](#) do not (or are perhaps unable) to switch from cellular respiration to glycolysis like more mature cancer cells. Instead, they switch from metabolizing glucose to metabolizing amino acids—in fact, they come to absolutely depend on metabolizing amino acids for energy, so much so that when the ability of leukemia stem cells to uptake amino acids is interrupted, these cells die.

"Courtney's research represents a key step in understanding how to better eradicate leukemia stem cells. With her findings as a foundation, I believe we can now move forward to create even more effective therapies," Jordan says.

The drug venetoclax stops leukemia stem cells from being able to use amino acids for energy. In the lab and now in the clinic, when researchers treated AML patients with venetoclax, leukemia stem cells died. Importantly, because healthy cells do not depend on amino acid

metabolism, venetoclax killed leukemia stem cells without harming healthy cells.

Interestingly, it was only AML patients who were treated with venetoclax as their first treatment that showed such a dramatic response.

"When patients were treated with other therapies first, leukemia stem cells were pushed to diversify and some adopted lipid metabolism," Jones says.

When those patients were subsequently treated with venetoclax, the drug killed the cancer stem cells that continued to depend on amino acid metabolism, but was ineffective against cancer stem cells that had switched to lipid metabolism. It was as if lipid metabolism provided an avenue of escape for these cells, and when even a small population of leukemia stem cells was able to resist therapy, they were able to later restart the growth of the disease.

The group's future work hopes to explore the possibility of inhibiting lipid metabolism along with amino acid metabolism for use with AML patients whose cancers have resisted or relapsed after previous therapies.

"In this paper, we report an important piece of science that describes a vulnerability of these leukemia stem cells, and in the Nature Medicine paper we describe a treatment that successfully exploits this vulnerability," Jordan says. "We believe this type of therapy is just the beginning of what may become an entirely new way of treating [leukemia](#). Now our challenge is to optimize this treatment in [acute myeloid leukemia](#), while possibly expanding it for use in other settings where cancer stem [cells](#) continue to drive the development, growth and relapse of [cancer](#)."

**More information:** *Cancer Cell* (2018). [DOI:](#)

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