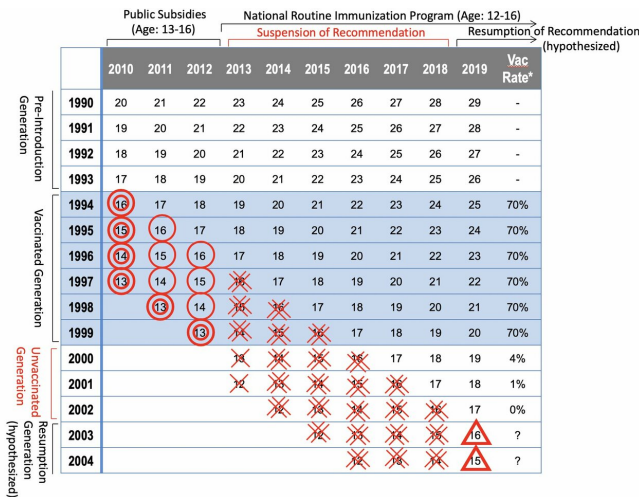


# Addressing expected challenges after resumption of HPV vaccination

17 January 2019



HPV vaccination per birth year. Public subsidies for HPV vaccine started in 2010 in Japan. Nationally, around 70% of targeted girls, aged 13-16, were immunized. HPV vaccination became a national routine immunization for girls aged 12-16 in April of 2013. However, news media repeatedly reported on patients with widespread pain or movement disorders, occurring after immunization. In June of the same year, MHLW announced the suspension of its recommendation of routine HPV immunization. X: Around 0-10% of girls have been immunized. XX: Vaccination rate was almost 0. ? : Around 10-20% will be expected at the highest if the governmental recommendation is resumed in 2019. Credit: Osaka University

In Japan, an HPV vaccination program started in 2010, and the HPV vaccine became a nationally recommended routine immunization for girls aged 12-16 years in April 2013. However, because cases of young girls with widespread pain and movement disorders after vaccination were reported in the media in June 2013, Japan's Ministry of Health, Labour and Welfare (MHLW) announced the suspension of its recommendation for routine HPV immunization.

Previous research at Osaka University showed that the HPV vaccination hiatus would increase the risk of HPV infection and future cervical cancer for girls who did not get vaccinated. HPV vaccination is vital to reduce the risk of HPV infection and cervical cancer; however, no reports on countermeasures against expected challenges after resumption of HPV vaccination have been published.

Researchers at Osaka University compiled countermeasures against predictable challenges after resumption of HPV vaccination, published in *The Lancet Oncology*.

Every year, about 9,000 women are diagnosed with cervical cancer and 2,000 to 3,000 women die of the cancer. A major factor for the development of cervical cancer is infection with HPV, which is mainly transmitted through sexual contact.

This research group demonstrated two possible challenges after resumption of the MHLW's recommendation for HPV vaccination:

1. Reducing the risk of cervical cancer that will increase by the suspension of the recommendation
2. Promoting HPV vaccination

The group discussed countermeasures against these challenges, making the following proposals for providing information and fostering public acceptance of the vaccine.

1. Easy access to immunization for women who are older than the normally targeted ages of 12-16 years and who were not vaccinated during the suspension of recommendation for HPV vaccination
2. Introduction of the nine-valent vaccine, which can prevent 80-90% of cervical cancer
3. Immunization for boys of the same ages as

the targeted girls

4. Reducing health damage due to the suspension of recommendation for HPV vaccination by encouraging medical check-ups and cervical cancer screening
5. Promoting HPV vaccination again by using a behavioral economics approach
6. Providing media with correct information about the HPV vaccine

Dr. Yutaka Ueda says, "Resumption of the government recommendation for HPV vaccination will be insufficient to deal with the expected challenges. It's necessary to reduce negative effects of the suspension of recommendation for HPV vaccination. We hope our proposals will reduce the development of [cervical cancer](#) in Japanese women, and, moreover, protect women's health."

**More information:** Yutaka Ueda et al. Beyond resumption of the Japanese Government's recommendation of the HPV vaccine, *The Lancet Oncology* (2018). DOI: [10.1016/S1470-2045\(18\)30573-4](https://doi.org/10.1016/S1470-2045(18)30573-4)

Provided by Osaka University

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