

Intensive BP treatment does not reduce dementia risk

January 29 2019



(HealthDay)—Treating systolic blood pressure (BP) to a goal of less than

120 mm Hg rather than 140 mm Hg does not result in a significant reduction in the risk for probable dementia, according to a study published online Jan. 28 in the *Journal of the American Medical Association*.

Jeff D. Williamson, M.D., M.H.S., from the Wake Forest School of Medicine in Winston-Salem, North Carolina, and [colleagues](#) randomly assigned [adults](#) aged 50 years or older with [hypertension](#) to a systolic BP goal of

Citation: Intensive BP treatment does not reduce dementia risk (2019, January 29) retrieved 16 March 2026 from <https://medicalxpress.com/news/2019-01-intensive-bp-treatment-dementia.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.