

Flu vaccination during pregnancy does not cause miscarriage

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(HealthDay)—An influenza vaccine cannot cause a pregnant woman to

miscarry, researchers say.

The findings are based on an examination of the 2012-13, 2013-14, and 2014-15 flu seasons and were presented Wednesday to the U.S. Centers for Disease Control and Prevention Advisory Committee on Immunization Practices. The study comes at a time when there is significant focus in the United States on the consequences of certain groups telling people to ignore vaccine recommendations, *CNN* reported.

Not only is an [influenza vaccine](#) during pregnancy safe, it is necessary, said lead investigator James Donahue, D.V.M., Ph.D., M.P.H., a senior epidemiologist at the Center for Clinical Epidemiology and Population Health at the Marshfield Clinic Research Institute in Wisconsin, *CNN* reported. "There's lots of evidence of the severity of flu for a [pregnant woman](#), more chance of hospitalization, more risk of death, especially as she enters the second and third trimester," Donahue added. "There are also many studies that show the mother's vaccination will help protect the [newborn baby](#) from flu, which is critical since the baby cannot be vaccinated until 6 months of age."

CDC guidelines emphasize the importance of an influenza vaccine during pregnancy. The findings provide a high level of reassurance regarding the safety of influenza vaccine in early pregnancy and through pregnancy and support the current recommendations of an influenza vaccination for all pregnant women," Donahue said, *CNN* reported.

More information: [CNN Article](#)
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