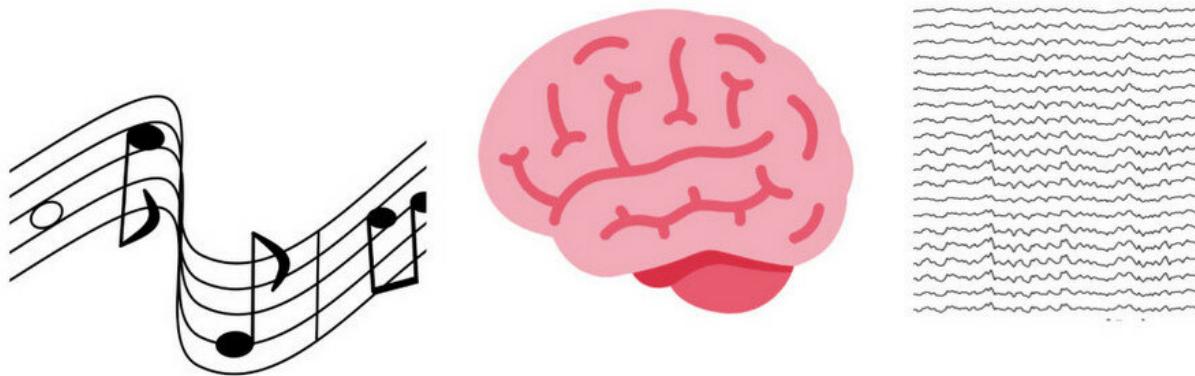


# Music captivates listeners and synchronizes their brainwaves

March 8 2019



Brainmusic. Credit: Jens Madsen

Music has the ability to captivate us; when listeners engage with music, they follow its sounds closely, connecting to what they hear in an affective and invested way. But what is it about music that keeps the audience engaged? A study by researchers from The City College of New York and the University of Arkansas charts new ground in understanding the neural responses to music.

Despite the importance, it has been difficult to study engagement with music given the limits of self-report. This led Jens Madsen and Lucas Parra, from CCNY's Grove School of Engineering, to measure the synchronization of brainwaves in an audience. When a listener is

engaged with music, their neural responses are in sync with that of other listeners, thus inter-subject correlation of brainwaves is a measure of engagement.

According to their findings, published in the latest issue of *Scientific Reports*, a listener's engagement decreases with repetition of music, but only for familiar music pieces. However, unfamiliar musical styles can sustain an audience's interest, in particular for individuals with some [musical training](#).

"Across repeated exposures to instrumental music, inter-subject correlation decreased for music written in a familiar style," Parra and his collaborators write in *Scientific Reports*.

In addition, participants with formal musical training showed more inter-subject correlation, and sustained it across exposures to music in an unfamiliar style. This distinguishes music from other domains, where interest drops with repetition.

"What is so cool about this, is that by measuring people's brainwaves we can study how people feel about music and what makes it so special." says Madsen.

Click [here](#) to listen to the musical pieces played for the participants and what was measured. Click [here](#) to read the paper, entitled: "Music synchronizes brainwaves across listeners with strong effects of repetition, familiarity and training," in *Scientific Reports*.

**More information:** Jens Madsen et al, Music synchronizes brainwaves across listeners with strong effects of repetition, familiarity and training, *Scientific Reports* (2019). [DOI: 10.1038/s41598-019-40254-w](#)

Provided by City College of New York

Citation: Music captivates listeners and synchronizes their brainwaves (2019, March 8) retrieved 25 April 2024 from

<https://medicalxpress.com/news/2019-03-music-captivates-synchronizes-brainwaves.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.