

Being overweight linked to significantly higher disease severity in psoriatic arthritis

12 June 2019

The results of a study presented today at the Annual European Congress of Rheumatology (EULAR 2019) demonstrate significant correlation between body mass index (BMI) and disease severity in psoriatic arthritis.

Psoriatic arthritis is a [chronic inflammatory disease](#) that affects the skin and joints, causing pain and disability. The disease often causes swelling of the fingers and toes, mainly because of joint inflammation. Although psoriatic arthritis has been associated with an enhanced [prevalence of obesity](#) and being overweight, few studies have assessed the relationship between weight and the severity of disease in these [patients](#).

Results of this study demonstrate BMI is independently correlated to disease activity ($p=0.026$), patient-perceived disease impact (p

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