

# One dead, dozens hospitalised in Spain listeria outbreak

20 August 2019

A 90-year-old woman has died and 53 people are in hospital in Spain, including several pregnant women, after eating contaminated meatloaf, officials said Tuesday.

Listeria is a commonly found bacteria and most people who consume foods that contain it do not become ill.

But for [elderly people](#), pregnant women or those with serious conditions like diabetes or cancer, it poses a serious threat.

The outbreak of [listeria](#) is affecting mainly the southwestern region of Andalusia where 114 cases have been confirmed, according to the regional health department.

Outside Andalusia, only one case has so far been confirmed in the neighbouring region of Extremadura, Spain's Health Minister Maria Luisa Carcedo told Cadena Ser radio.

A 90-year-old patient affected by the outbreak died overnight at a hospital in Seville, the capital of Andalusia, the regional government said in a statement.

It said another 53 people are in hospital including 18 pregnant [women](#) and two newborns.

Spanish consumer group Facua said two [pregnant women](#) who ate meatloaf, suspected of being contaminated with listeria, "lost their babies" in Seville.

An investigation has been opened because there appears to be a link to the outbreak of listeria, the health ministry said.

The regional government of Andalusia warned last Thursday that meatloaf sold under the commercial name "la Mecha" made by Seville-based company Magrudis was the source of a listeria [outbreak](#).

The factory was closed and all of its meatloaves were recalled from shops, the health ministry said.

Listeriosis begins with flu-like symptoms including chills, fever and muscle aches. It can take up to six weeks after consuming contaminated foods for symptoms to occur.

© 2019 AFP

APA citation: One dead, dozens hospitalised in Spain listeria outbreak (2019, August 20) retrieved 8 December 2021 from <https://medicalxpress.com/news/2019-08-dead-dozens-hospitalised-spain-listeria.html>

*This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.*