

Is it safe to order take-out during the pandemic?

28 April 2020, by The Associated Press

This material may not be published, broadcast, rewritten or redistributed without permission.

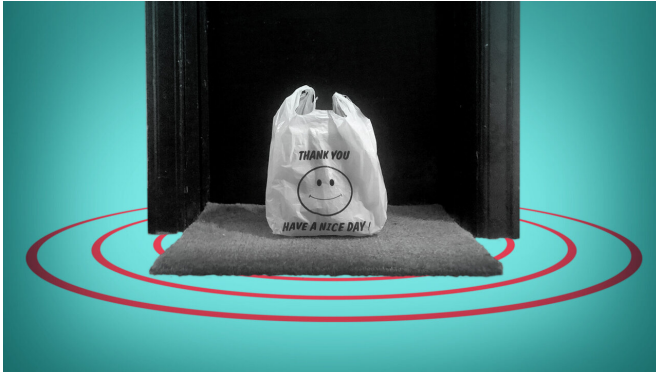


Illustration by Peter Hamlin

Is it safe to order food via take-out or delivery?

Unlike some germs, there's no indication the coronavirus can spread through food, according to the [U.S. Food and Drug Administration](#).

"This is a respiratory virus, not a foodborne virus ... you can't catch it from eating food," says Michelle Danyluk at the University of Florida, which published [tips](#) on [food safety](#) amid the pandemic.

The biggest concern remains person-to-person contact. Contactless delivery, in which the order is left outside the recipient's door, reduces that risk.

For take-out, the FDA advises restaurant workers and customers to stay at least six feet from others.

The risk from packaging is "likely very low," [according](#) to the Centers for Disease Control and Prevention.

To be safe, Danyluk advises [hand washing](#) before and after touching food or packaging.

© 2020 The Associated Press. All rights reserved.

APA citation: Is it safe to order take-out during the pandemic? (2020, April 28) retrieved 24 January 2022 from <https://medicalxpress.com/news/2020-04-safe-take-out-pandemic.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.