The COVID-19 pandemic can prepare us for future outbreaks and bioterrorism

26 June 2020, by Trushar R. Patel, Michael Hilary D'souza

Like the current pandemic, any biosecurity threat or epidemic could easily become a global concern. Pathogens do not recognize borders and will spread indiscriminately, ultimately disproportionately affecting poorer nations.

Globalization—which is being analyzed as a contributor to the spread of COVID-19—could also help thwart the spread of man-made or naturally occurring diseases, provided multilateral co-operation remains intact.

The response has to be global because pandemics and terror attacks have persisting and grave effects, not tied specifically to a single state and its economy.

Governments must take a proactive stance against the growth and development of deadly pathogens (engineered or naturally occurring), which might require an overhaul of the socioeconomic and political relationships that govern health and our shared environments.

Developing a collective response

The most crucial response is intergovernmental collaboration and compliance with medical experts. This would involve the sharing of information and effective mitigation strategies against bioterrorism. The remarkable and unprecedented global unity today is demonstrated by scientists freely sharing information related to COVID-19 to speed up the development of a vaccine.

Governments and their collaborators must also stop the spread of disinformation to quell panic and alleviate the public's fears. This includes maintaining public trust in experts which must be differentiated from popular and political opinions that have led to chemical poisoning.

This has also been exacerbated with ongoing distrust for WHO officials as false claims and
Pandering to China has led to failures in the initial response to COVID-19 including indecision within the scientific community.

Mobile labs were deployed all over the world — here, in New Delhi, India — to provide quick and accessible testing for COVID-19. Credit: Shutterstock

Terrorist organizations will undoubtedly use the spread of bioweapons to create civil turmoil and instability, reinvigorating or inciting national contentions such as scarcity, ethnic tension or religious infighting. This applies to countries already destabilized by entrenched conflicts, which can rapidly metastatize through competition and inequality already present in developing countries.

Overcoming pandemics and terrorism will inevitably rely on national infrastructure such as employing the military, which the Canadian government has done to supplement medical resources. Deploying a nation's armed forces has the potential to apply the vast resources, equipment and labour that an organized and skilled military maintains.

Applying biotech

Countries like Taiwan and Singapore managed the pandemic by implementing protocols that served to protect their citizens. These included analytic technologies to screen and isolate persons suspected of or confirmed to be infected with COVID-19. In South Korea, over 20,000 people were tested daily to track and treat cases. Medical supplies were stockpiled and temporary hospital units were established to prevent scarcity and minimize black-marketeering.

However, medical equipment cannot be kept indefinitely and replenishment will likely require unconventional methods to fulfil the demand. Canadian universities have helped address the scarcities of medical equipment by employing 3-D printers to produce masks and other supplies.

The Canadian government is also investing in novel detection and management technologies, which could be re-purposed to detect bioweapons. This also includes vaccine and antiviral development that can proactively work against future disease outbreaks.

Management strategies

Preventing the bioengineering, emergence, release and spread of pathogens will require aggressive strategies. These include implementing regulations against the mistreatment and harvesting of wild and domestic animals to prevent their mixing and the unintentional mixing of viruses and infectious diseases. Managing land reclamation and protecting habitats can prevent biodiversity loss and reduce human contact with pathogenic viruses.

Other technologies in the fight against bioterrorism or pandemics include heightened surveillance and tracking in the form of smartphones and drones. Deployable 3-D isolation units repurposed as mobile laboratories could also quickly respond to bioweapons threat.

Public co-operation

To guarantee safety, the public has to be willingly compliant with government policies. In Canada, closing the national border and enacting quarantine Laws mitigated the spread of COVID-19, but the public's co-operation was essential to the public good.
Recommendations from health-care professionals and epidemiologists must be implemented at every stage, and directed by governments. The consequences of neglecting to act expeditiously are apparent in the United States, which has been marred by bureaucratic red tape, equipment scarcity and vacillating in leadership responses.

Lessons from previous pandemics can prepare us for both future inevitable global outbreaks and possible bioterrorist attacks.

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