

Heroin-addicted individuals have unique brain disturbances resembling those of Alzheimer's

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Heroin-addicted individuals have alterations in the expression a gene called FYN—a gene known to regulate the production of Tau, a protein that is highly elevated and implicated in neurocognitive disorders like Alzheimer's disease. The study emphasizes that opioid use can affect the brain in a way that might increase vulnerability of neural systems that trigger neurodegeneration later in life; however, since these changes are epigenetic (alterations in gene function that are influenced by environmental factors and not alterations of the DNA itself), they are reversible and medications that have already been developed to target FYN for neurodegenerative disorders may be studied as a novel treatment for opioid addiction.

Interestingly, findings were consistent across human, animal and cell models. Through post-mortem analysis of the brains of human heroin users, the team found that, specifically in neurons, the most significantly impaired epigenetic region is related to a gene called FYN. Essentially, heroin

'opened up' the DNA at the FYN gene, which encodes a protein called tyrosine kinase FYN, that is strongly linked to [synaptic plasticity](#) and which directly results in production of Tau. Too much Tau in the brain is associated with neurodegenerative diseases. Researchers observed that expression and activity of tyrosine kinase FYN was also induced in rats trained to self-administer heroin and also in primary striatal neurons treated with chronic morphine in vitro. Additionally, they demonstrated that inhibition of the FYN kinase (either via pharmacological means or through genetic manipulation) reduces heroin-seeking and heroin-taking behaviors.

The findings will increase awareness about the potential impact of heroin to alter neural systems related to neurodegenerative disorders. The findings also identify FYN inhibitors as a novel therapeutic treatment for heroin use disorders.

Human brains from a cohort of subjects who succumbed to [heroin overdose](#) and normal controls, translational animal model of rats trained to self-administer heroin, and primary striatal neurons treated with chronic morphine in vitro were studied. Adult animals were exposed to heroin and their brains later studied.

The researchers performed unbiased, cell-type-specific, genome-wide profiling of chromatin accessibility, providing insights into epigenetic regulation directly in the brains of heroin-addicted individuals. To assess the causal relationship between heroin use and FYN pathology, they studied the brains of rats trained to self-administer heroin and they hit primary striatal neurons with chronic morphine in petri dishes to examine the effect at the individual cellular level.

By scanning the entire genome of heroin users to

identify whether disturbances in how [genes](#) are turned on or off exist, Mount Sinai researchers found that heroin opened up the DNA at the FYN gene. The FYN gene is known to regulate the production of Tau, a protein implicated in [neurodegenerative disorder](#) like Alzheimer's disease, meaning that heroin may put users at an increased risk of neurodegenerative disease later in life. Importantly, these novel findings suggest that FYN inhibitors (which have already been developed and are being assessed for use in Alzheimer's disease) may be promising therapeutic tools for heroin-use disorder.

Said Mount Sinai's Dr. Yasmin Hurd of the research: "Drug overdoses due to opioid abuse remain at epidemic levels and continue to rise precipitously during the current pandemic, with novel treatments desperately needed. Direct molecular insights into the [heroin](#)-addicted human [brain](#) are critical to guide future therapies. Our new study findings clearly open up new lines of treatment opportunities for [opioid use](#) disorder, which could benefit and potentially save the lives of so many."

More information: Gabor Egervari et al, Chromatin accessibility mapping of the striatum identifies tyrosine kinase FYN as a therapeutic target for heroin use disorder, *Nature Communications* (2020). [DOI: 10.1038/s41467-020-18114-3](#)

Provided by The Mount Sinai Hospital

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