For gender-incongruent (GI) youth presenting for gender-affirming medical care (GAMC), late pubertal stage and older age are associated with worse mental health, according to a study published online Sept. 21 in Pediatrics.

Julia C. Sorbara, M.D., from the Hospital for Sick Children and University of Toronto, and colleagues conducted a cross-sectional chart review of patients presenting to GAMC to examine the potential association between age of presentation and mental health. Three hundred youth were classified as younger presenting youth (YPY; }