Sixty-year old cohort study reveals adolescent value predicts wellbeing in older age
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Differences in longitudinal effects of adolescent intrinsic aspirations on wellbeing in older age between adolescents with high and low self-control problems. The four groups were divided by the mean adolescent self-control and intrinsic aspiration scores. The orange bars reflect participants with low self-control, and the blue bars reflect participants with high self-control. The left bars reflect participants with low adolescent intrinsic (extrinsic) aspiration scores, and the right bars reflect participants with high adolescent intrinsic aspiration scores. The group with high self-control problems and low intrinsic aspiration was significantly lower than the other three groups. *Significant difference (p


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