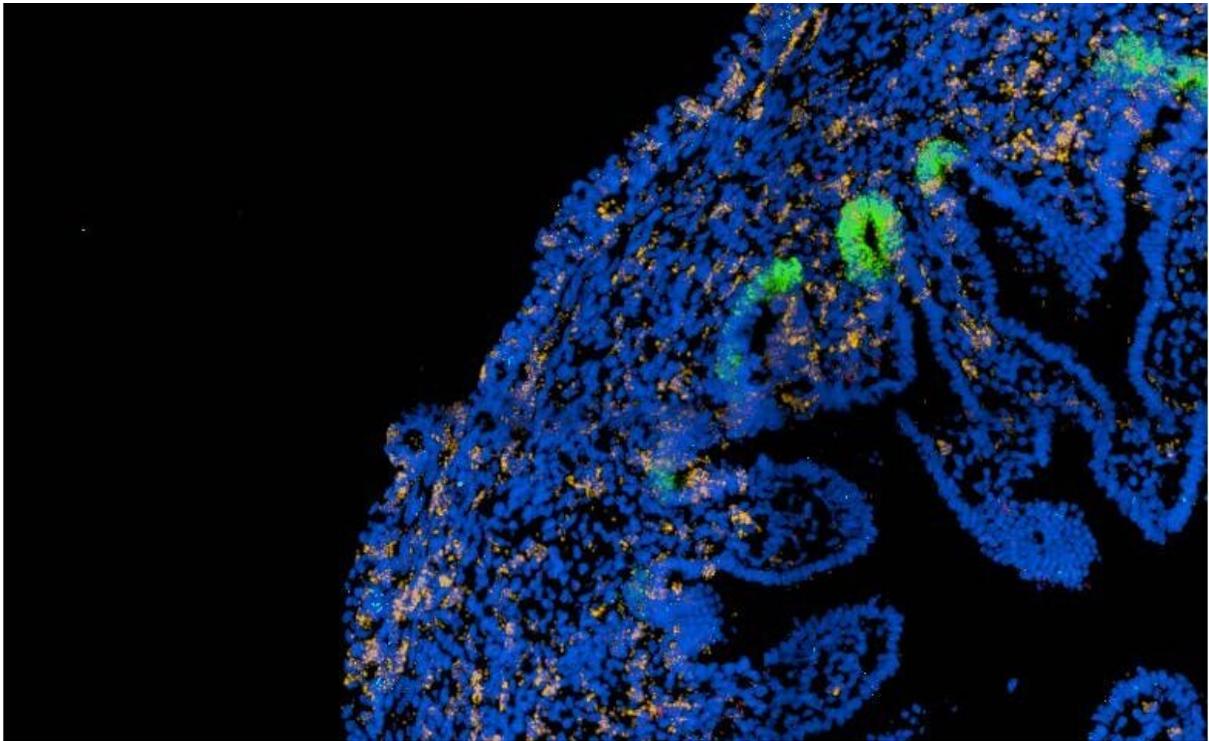


# Gut research identifies key cellular changes associated with childhood-onset Crohn's Disease

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Emerging intestinal villi with green stem cells supporting their growth Credit: Kenny Roberts & Sophie Pritchard, Wellcome Sanger Institute

Scientists have tracked the very early stages of human foetal gut development in incredible detail, and found specific cell functions that

appear to be reactivated in the gut of children with Crohn's Disease. The results are an important step towards better management and treatment of this devastating condition.

The research from the University of Cambridge and the Wellcome Sanger Institute is part of the global Human Cell Atlas initiative to map every cell type in the human body. The findings reveal intricate cellular mechanisms of how the gut develops.

Crohn's Disease is a type of Inflammatory Bowel Disease affecting around one in every 650 people in the UK. Incidence has increased dramatically in recent decades, especially in children—who can suffer very aggressive symptoms including abdominal pain, diarrhoea and fatigue. This lifelong condition can have major life implications; the cause is not understood, treatments often don't work, and there is no cure.

"Crohn's Disease can be particularly aggressive and more treatment-resistant in children, so there's a real need to understand the condition when it affects them and perhaps come up with childhood-specific treatments," said Dr. Matthias Zilbauer in the Department of Paediatrics at the University of Cambridge and honorary consultant in paediatric gastroenterology at Addenbrooke's Hospital, Cambridge University Hospitals NHS Foundation Trust, who led the study.

The researchers used a cutting-edge technology called single-cell RNA sequencing to look at gene expression in [individual cells](#) of the developing human gut, six to ten weeks after conception. They focused on the inner lining of the gut, called the [intestinal epithelium](#), and found that the [cells](#) there divide constantly at this early stage, guided by messages from other cell types. This allows the gut to grow and form the structures needed for good gut function later in life.

Tissues from the guts of children with Crohn's Disease, aged between four and twelve, were also analysed. The study revealed that some of the cellular pathways active in the epithelium of the foetal gut appear to be reactivated in Crohn's Disease. These pathways were not active in healthy children of a similar age. The results are published today in the journal *Developmental Cell*.

"Our results indicate there might be a reprogramming of specific gut cell functions in Crohn's Disease. We don't know whether this is the cause of the disease or a consequence of it, but either way it is an exciting step in helping us to better understand the condition," said Zilbauer.

The findings shed light on fundamental molecular mechanisms of human gut development. The team also found that lab-grown 'mini-guts' undergo similar individual cellular changes to those inside a developing foetus. This implies that lab-grown models are a powerful and accurate tool for future research into very early gut development and associated diseases.

"This study is part of the international Human Cell Atlas effort to create a 'Google map' of the entire human body. With single-cell RNA sequencing we can look at any tissue and identify the individual cell types it's made up of, the function of those cells, and even identify new cell types," said Dr. Sarah Teichmann at the Wellcome Sanger Institute, and co-chair of the Human Cell Atlas Organising Committee, whose expertise enabled analysis of the huge amount of data generated by this technique.

She added: "A complex tissue like the gut contains different [cell types](#), and these 'talk' to each other—the function of one cell affects the function of another. That's particularly important in the early stages of gut development, and something we can interrogate using computational analyses of single cell RNA sequencing data."

While the study focused specifically on the dynamics of intestinal epithelial cells, it generated information on around 90,000 primary human intestinal cells of all types. The researchers have made this data openly available at <http://www.gutcellatlas.org>, creating a valuable resource for further research and drug discovery targeted at childhood Crohn's Disease.

"From my own experience we're diagnosing Crohn's Disease in younger and younger children, some even under the age of five—it's very much an emerging [disease](#). It's a really nasty, lifelong condition, and when children are diagnosed, the whole family is affected," said Zilbauer.

He added: "We are determined to advance our knowledge in this area, and hopefully improve the lives of these children in the future."

**More information:** *Developmental Cell* (2020). [DOI: 10.1016/j.devcel.2020.11.010](https://doi.org/10.1016/j.devcel.2020.11.010)

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