Aggressive video games: Effects on mental health and behaviors in young people
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Manuel Ibáñez, Ph.D., Universitat Jaume I, and coauthors examined the role of violent video game exposure, personality, and deviant peers in aggressive behaviors among adolescents. They found that aggressive behavior was predicted by having deviant peers and specific personality traits, especially low agreeableness. Violent video game exposure had no long-term effects on aggressive behaviors.

“Video games have been criticized from the moment they came into being and, like with most other new technologies, we’ve discovered there are benefits as well as shortcomings to consider. My hope is that by publishing this special issue, highlighting cutting-edge research with objective data, we may come to better understand both the promise and peril of videogames,” says Editor-in-Chief Brenda K. Wiederhold, Ph.D., MBA, BCB, BCN, Interactive Media Institute, San Diego, California and Virtual Reality Medical Institute, Brussels, Belgium.


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