Examining the secret hideouts of ovarian cancer
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Every year, roughly 550 women develop ovarian cancer in Finland. Ovarian cancer is difficult to treat and it is commonly fatal, with 320 women dying of ovarian cancer annually in Finland.

Cancer can only develop and progress when the tumor cells are able to hide from the body's immune system. Cancer immunotherapies, which boost the body's immune defense against cancer, have emerged as promising therapies in multiple tumor types. However, the effectiveness of immunotherapies against ovarian cancer has remained modest. This is mainly since the mechanisms how ovarian cancer cells hide from the immune system have been unknown.

Now, researchers at the University of Helsinki have uncovered how tumor cells interact with the immune system in ovarian cancer. Utilizing a novel imaging technology, the researchers characterized more than 110,000 individual cells from clinical ovarian cancer samples. The researchers investigated how the genetic characteristics of ovarian cancer the shape human immune system, and how tumor and immune cells communicate with each other.

"With the help of this revolutionary imaging technology and advanced data analysis, we were able to study individual tumor cells, their functional properties and interactions with unprecedented precision," says Associate professor Anniina Färkkilä, the corresponding author of the study.

Tumor genes trick the immune system

"By studying individual cells directly in the tissue, we demonstrated how cancer cells hide in different ways, depending on the specific gene mutation. We found that the body's immune system is more effective against tumors with a mutation in BRCA1/2 genes. By contrast, tumors without such mutations have a connective tissue barrier prohibiting the interaction between the cancer and immune cells," says doctoral researcher Inga-Maria Launonen, BM.

BRCA1/2 mutations occur in approximately 20% of poorly differentiated serous carcinomas, the most common form of ovarian cancer. The killer T-cells closely guarded the aggressive tumor cells particularly in tumors with BRCA1/2 mutations, which is why these patients had a markedly better prognosis.

"By increasing our understanding of how tumor genes trick the immune system, we will be able to develop more effective ways to activate the body's own immune defenses to kill the cancer cells," Inga-Maria says.

Results will promote the tailoring of precision therapies
The results of the study confirm the significance of the interaction between tumor and immune cells in identifying new and more effective therapies as well as in choosing the right therapy for each patient.

"Our findings will enable us to tailor precision immuno- and combination therapies that have the potential to even cure ovarian cancer in the future," Färkkilä says.

The study was published in *Nature Communications*.


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